



International Network of  
Health Promoting Hospitals  
& Health Services

# ANNUAL REPORT 2024



# Contents

Forewords.....	3
The International HPH Network .....	5
Organisation.....	8
Timeline of Events .....	11
Year 2024 in Review .....	12
Future Leaders Advisory Board .....	14
HPH Task Forces Yearly Update .....	18
Advocacy .....	31
Financials .....	33
Sty Connected .....	34

# Words from the Chair of the Governance Board

As the Chair of the Governance Board for the International HPH Network, I am honored to reflect on a year of remarkable progress and collaboration within our global community. The year 2024 was defined by our collective resilience, innovation, and unwavering commitment to advancing health promotion across healthcare systems worldwide.

A highlight of the year was the International HPH Conference in Hiroshima, Japan, held in November. This gathering was not only a celebration of international collaboration but also a powerful reminder of the global significance of health promotion. With its profound historical and cultural resonance, Hiroshima provided an inspiring backdrop for over 800 participants who engaged in vibrant discussions, insightful presentations, and shared learning. The conference highlighted the importance of equity in health and the vital role of innovation, aligning seamlessly with the mission of the HPH Network. My gratitude extends to the Japan HPH Network and all contributors who made this event a resounding success.

Throughout the year, the work of our dedicated task forces has been truly commendable. The Task Force on Environment continued its critical focus on sustainable healthcare, addressing the pressing need to mitigate climate impact. The Health Promoting Built Environment Task Force advanced innovative strategies that bridge health promotion and design, creating spaces that foster well-being for all. Meanwhile, the Task Force on the Well-being of Healthcare Workers provided invaluable resources and advocacy to support those at the heart of our systems, and the

newly launched Task Force on Culture and Health demonstrated the importance of integrating cultural contexts into health-promoting initiatives. Each of these groups embodies the spirit of collaboration and innovation that defines the HPH Network.

I would also like to extend my heartfelt gratitude to the staff of the International Secretariat for their outstanding work and dedication. Their tireless efforts have been instrumental in supporting our network's activities and ensuring our shared vision is realized. My deepest thanks also go to the members of the Governance Board for their unwavering commitment and invaluable contributions. Your leadership and collaboration continue to drive the HPH Network forward, ensuring its positive impact across healthcare systems worldwide.

As we move forward, I am filled with optimism for what lies ahead. Our vision of a healthier, more equitable world requires sustained effort, and I am confident in the strength of this community to lead the way. I extend my heartfelt thanks to all our members, partners, and collaborators for their contributions to our shared mission.

Let us continue to build on this year's successes as we strive toward a future where health promotion is deeply integrated into every level of healthcare and society. Together, we are shaping a world where health and well-being are not just ideals but achievable realities for all.

Sincerely,



Ralph Harlid MD.

# Words from the CEO of the HPH Secretariat

Over the past year, the International Network of Health Promoting Hospitals and Health Services (HPH) has made significant strides in fostering a culture of collaboration and knowledge exchange. Building on the innovations introduced during the pandemic, such as the online Coordinators' meetings, additional General Assembly sessions, and our successful webinar series, the network has continued to stay connected and push forward its goals in a rapidly evolving landscape.

2024 has seen a number of significant achievements at the global level. New partnership agreements have been established, broadening the scope and reach of the HPH Network. These partnerships will play a crucial role in extending our influence and enabling greater cooperation across regions to tackle global health challenges.



The ongoing implementation of the HPH 2021-2025 Global Strategy remains a key focus. We are pleased to report substantial progress in aligning network activities with our strategic priorities. A major development this year was the production of our first policy briefs in a new series of papers that synthesize evidence to inform both local and international actions. These briefs will be essential tools for translating knowledge into practical solutions that drive systemic change in health-promoting hospitals and services.

With gratitude for your continued dedication, we look forward to another year of progress and innovation in advancing health-promoting hospitals worldwide.

A handwritten signature in blue ink that reads "Oliver Groene". The signature is fluid and cursive, written in a professional style.

International HPH Secretariat  
Prof. Dr. Oliver Groene PhD

CEO

# The International HPH Network

## Vision Statement :

The International HPH Network envisions a future where hospitals and health services align their governance models, structures, processes, and cultures to maximize health outcomes for patients, staff, and the communities they serve. This alignment aims to foster sustainable societies.

## Mission Statement:

The mission of the International HPH Network is to serve as a global leader, advocate, innovator, researcher, and trusted partner in the transformation of health systems and services. We are dedicated to enhancing health, wellbeing, and health equity for patients, caregivers, staff, and the populations we serve, all while supporting the development of sustainable societies.

*“Health Promoting Hospitals and Health Services orient their governance models, structures, processes and culture to optimize health gains of patients, staff and populations served and to support sustainable societies.”*

From the Health promotion glossary of terms 2021. Geneva: World Health Organization; 2021.

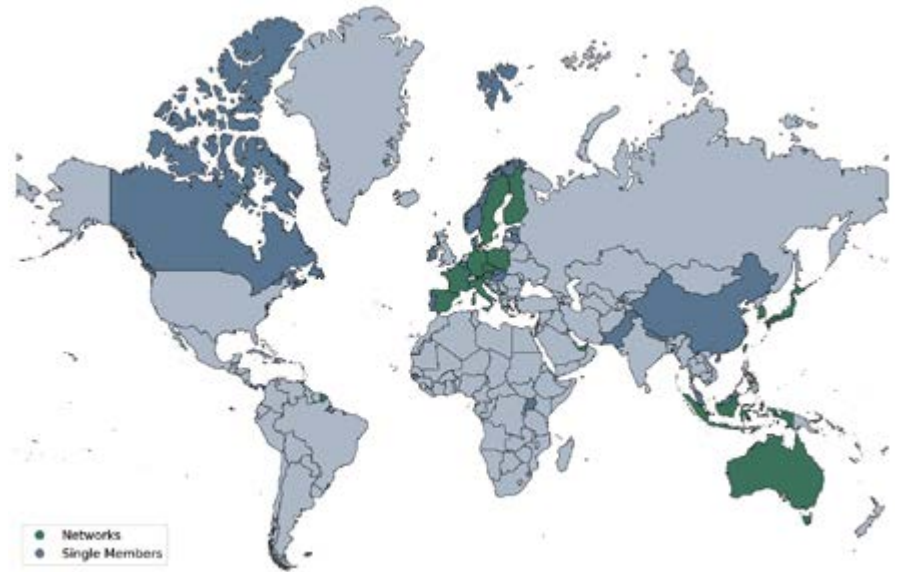


Total Current Members (Nov'24): **568**

National/Regional HPH Networks: **21**

Single Members: **62**

### National/ Regional Member count per Country



United Arab Emirates  
Indonesia  
Hong Kong  
Republic of Korea  
Japan  
Taiwan  
Austria  
Germany  
Czech Republic  
Spain  
Finland  
France

Kosovo  
Italy  
Poland  
Sweden  
Australia  
Canada  
Panama  
China  
Israel  
Malaysia  
Pakistan  
Nepal

Singapore  
Uganda  
Belgium  
Denmark  
Estonia  
Spain  
Hungary  
Ireland  
Latvia  
Norway  
Portugal  
Slovakia

## Member count per National/ Regional Network

Australian HPH Network	9
HPH Campania Network, Italy	4
Emilia Romagna HPH Network	10
Friuli Venezia Giulia HPH Network	7
HPH Piemonte	10
Trentino HPH Network	3
Austrian HPH Network	21
Japan HPH Network	125
Hong Kong HPH Network	4
Czech HPH Network	11
Finnish HPH Network	15
German HPH Network	15
Indonesia HPH Network	5
Polish HPH Network	10
HPH Network of Korea	14
Catalan HPH Network	25
Swedish HPH Network	63
Taiwanese HPH Network	136
Kosovo HPH Network	5
United Arab Emirates HPH Network	3
French HPH Network	23
Australian HPH Network	9
HPH Campania Network, Italy	4
Emilia Romagna HPH Network	10
Friuli Venezia Giulia HPH Network	7
HPH Piemonte	10

## Single Member count per Country

Belgium	1
Canada	3
China	8
China	1
Denmark	1
Estonia	1
Hungary	1
Ireland	1
Islamic Republic of Iran	12
Israel	11
Italy	4
Kingdom of Saudi Arabia	1
Latvia	1
Malaysia	1
Nepal	2
Norway	1
Pakistan	1
Panama	3
Portugal	1
Singapore	1
Singapore	1
Slovakia	1
Spain	1
Uganda	1
United Kingdom	1
United States of America	1



# Organisation

## 2024 HPH Governance Board





# Standing Observers

Birgit Metzler MA, (Austria)



Christina Dietscher, (Austria)  
joined November 2023



# Treasurer



Sally Fawkes, PhD (Australia)  
(Till November 2024)

# Newly elected Treasurer: (November 2024 onwards)



Prof Dr Bożena  
Walewska-Zielecka,

# International HPH Secretariat



Prof Dr Oliver Groene  
PhD, CEO



Fatima Haering;  
MD, MSc; Project Coordinator



Philip Lewin,  
IT



Anja Brendtner,  
Administration

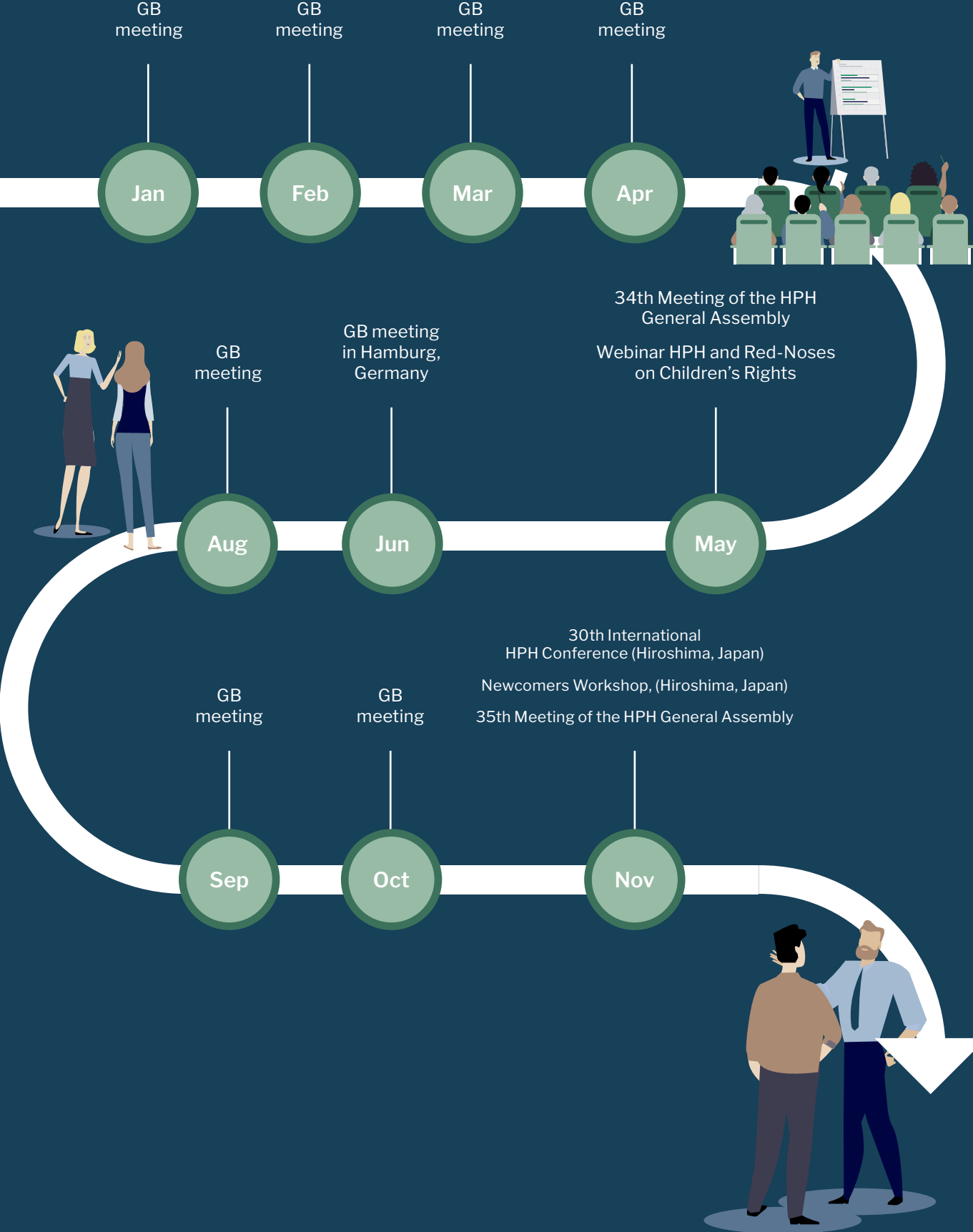


Lena Jessen,  
Communication



Christina Berner,  
Finance

# Timeline of Events



# Year 2024 in Review:

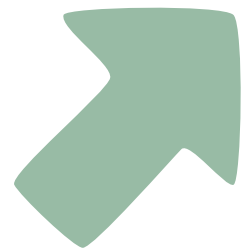
## Key Highlights from the International HPH Secretariat

The International HPH Secretariat has made significant strides in advancing the Global HPH Strategy 2021–2025, implementing a variety of strategic initiatives throughout the year. Here are some of the key highlights:

### Membership Growth

As of November 2024, HPH's membership has reached 568 members. This year, we proudly welcomed several new additions to our National French, Japanese, and Hong Kong HPH Networks. Moreover, the Värmland region of Sweden has rejoined our network.

We also welcomed individual members from existing countries such as Israel, as well as from new countries including Nepal, Belgium, Ireland, and the Islamic Republic of Iran. Notably, three new members from Kosovo and the Campania region of Italy facilitated the establishment of two new networks: the HPH Campania Network and the Kosovo HPH Network.



### Formation of the Future Leaders Advisory Board

In alignment with Goal #3 of the current HPH Global Strategy, we launched the Future Leaders Advisory Board in 2024. This board consists of eight outstanding members who will play a crucial role in supporting the processes and functions of our networks. Further details can be found later in this report.

### Digital Platforms

#### Social Media



Our HPH social media page gained 183 new followers and recorded 344 unique visitors over the past year.



The HPH website had 13,116 unique visitors this year with 1,992 total downloads and 1,780 unique downloads.



## Research Publications

### Policy Briefs

In 2024, we successfully completed and publicly published two policy briefs, which are now available on the HPH website.

Links to the policy briefs: <https://www.hphnet.org/library/>



The Secretariat works in conjunction with the WHO Collaborating Centre and WHO EURO and in 2025, the upcoming policy briefs will be on following topics:

- › Ensuring the Right to Play and Participate in Artistic Activities for Hospitalized Children (by the Taskforce on Children and Adolescents)
- › Addressing the role of mental health through health promotion (by the FL-HPH)
- › HPH in low- and middle-income countries
- › Incentives for health promotion in health care
- › Clarifying the scope of HPH

### The HPH eCommunity

HPH is dedicated to continuously improving the eCommunity to enhance its user experience and fulfill its original purpose. The previous platform, launched in March 2023, did not meet our expectations due to a challenging registration process, an unintuitive interface, and high operational costs. As a result, the Secretariat is upgrading the service platform to a new platform, due to be launched in early 2025.

# Future Leaders Advisory Board

Under the Global HPH Strategy for 2021-2025, we are committed to achieving goal number three: „Cultivating the Next Generation of HPH Leadership.“ In July 2024, we established the HPH Future Leaders Advisory Board to ensure the long-term vitality and impact of the HPH network. Through this initiative, we are not only investing in the leaders of tomorrow but also ensuring that the HPH network remains dynamic, innovative, and responsive to the needs of its members. This also recognizes the vital role that young professionals play in shaping our future and provides a dedicated platform for their insights and contributions.

## **Chair: Dr Giuseppe Melcore, MD/MSc (Italy); Chair**

Giuseppe is currently a resident in Occupational Health at the Università Cattolica del Sacro Cuore, stationed at the Ospedale Policlinico Gemelli. Additionally, he collaborates with the renowned Ospedale Pediatrico Bambino Gesù in Rome. He holds a master's degree in healthcare management and risk management. Driven by a profound passion for mental health, he is now pursuing a master's degree in clinical and forensic Psychodiagnostics. His professional endeavors and research are centered on workplace well-being, prevention, safety and health promotion.



## Vice Chair: Dr Elisabeth Nöhammer, Associate Prof. (Austria); Vice Chair

Elisabeth has a background in management, socio-economics (both Masters) and health sciences (Doctorate), which she combines in her research and teaching as an Associate Professor at UMIT TIROL, Austria. One of her main aims is to improve individual and organisational health in hospitals, companies, and tertiary education. For this, Elisabeth studies organizations and their stakeholders on the structural, group and individual levels, applying both quantitative and qualitative methods. She has been actively engaged in health promotion in hospitals since 2014, focusing on employees. Moreover, Elisabeth serves on the steering committee of EUPHA's health promotion section.



## Member: Dr Sander de Souza, MD/MSc-MPH (France)



Sander is a public health physician at Lyon University Hospital (France) and an assistant teacher at Lyon Claude-Bernard University as of November 2024. His position at the promotion, prevention, and population health unit includes participating in the local HPH programme. He graduated from medical school in Paris and Lyon and from the Europubhealth+ double master in Granada (Spain) and Maastricht (the Netherlands), with a specialisation in Governance and Leadership in European Public Health. He has clinical experience and a professional tropism in STI/HIV prevention, family planning, vaccination, and student health.

## Member: Dr Usman Iqbal, PharmD/MBA/PhD (Australia)

Usman is an Adjunct Associate Professor at the University of New South Wales, Australia, with extensive experience in pharmacy, healthcare management, and health informatics. Formerly an Associate Professor and Digital Health Consultant at Taipei Medical University, he is recognised as a Fellow of prestigious societies such as the International Society for Quality in Health Care and the International Association of Health Informatics and Sciences. He has co-edited journals and spearheaded international Digital Health projects with institutions like Harvard-Massachusetts Institute of Technology. His research, encompassing Digital Health, Artificial Intelligence in medicine, Global Health Informatics, Telemedicine, and Healthcare Quality Management, reflected in over 180 publications.



## Member: Ana Paula Beck da Silva Etges, Ph.D, Eng. (Brasil)

Ana is passionate for inspiring people for scientific education and works for a more effective healthcare system. In addition to her position as a Partner from PEV, she serves as a Professor of Epidemiology at UFRGS, HCPA, and Insper and as a Senior Researcher in Health Policy and Economics. Ana has a Ph.D. in industrial engineering at UFRGS, in collaboration with Stanford, and completed her post-doctoral fellowship in epidemiology at UFRGS in partnership with Brigham Women's Hospital. She also attended the VBHC Seminary at Harvard Business School and is certified in Effective Writing for Health Care by the Harvard Medical School. She has penned more than 140 publications, all focusing on the intricate fields of Health Economics and Value-based Care.



## Member: Sabrina Fournier (France)



Sabrina is a research engineer at the consortium (half hospital, half university) Evidans of Bordeaux. The projects she leads and coordinates are designed to develop « preventive clinical practices », set up structured health channels accessible to prevention, and adapt the MECC (Make Every Contact Count) approach and methodology in the French context. She is also involved in university teaching (sanitary service for health students, final dissertation for advanced practice nurses) and engaged in French “reserve sanitaire,” which is a step in renfort when exceptional sanitary emergencies occur to strengthen the teams in place.

## Member: Joanna Wargalla, MA MPH (Poland)

Joanna is a healthcare professional with a linguistic background. She has been working with the HPH Network since 2021. She has translated documents for the Polish HPH National Network and worked on assessing the implementation of HPH standards at a Warsaw hospital, CSK MSWiA. Her work and professional interests are primarily focused on health education. For the past three years, she has worked in the prevention and promotion department of a hospital-based medical institute, PIM MSWiA. She co-organized a diabetes prevention program for residents of the Masovian Voivodeship. She is excited to continue working with the organization to improve the health of people around the world.





## Member: Vanhova, MBA (Czech Republic)

Monika is a quality manager and the director of the Institute of Radiation Therapy at the Military University Hospital in Prague. Military University Hospital in Prague joined the HPH international network in 2012 (there are 10 hospitals – HPH members in the Czech Republic presently; the coordinator is the Ministry of Health). Monika has been involved in the hospital's HPH program since 2014. She participated in several HPH conferences and presented the program at several nursing conferences. The Military University Hospital in Prague develops and implements health support projects for its patients and employees, enabling them to take better control of their health and improve it.



# HPH Task Forces

## Yearly Updates

### 1. Task Force on Migration, Equity and Diversity, James Glover and Hans Verrept

The MED-TF implemented the Year 1 actions in its Action Plan as approved by the HPH Network. This work involved revising and updating the Standards for Equity in Healthcare at a hybrid workshop held in Dublin, Ireland, in March 2024. The new Standards were approved by the MED-TF and presented at the 30th International HPH Conference in Hiroshima in November 2024. The MED-TF is proceeding with recruiting healthcare organizations to use the Standards during 2025 and looks forward to reporting back to the HPH at the end of 2025 with Phase 1 results.



Some of the participants in the MED-TF hybrid workshop held in Dublin in March 2024.



Mr. Hans Verrept presenting the Standards for Equity in Healthcare at the HPH conference in Hiroshima, November 2024.

### 2. Task Force on Children and Adolescents, Dr. Ilaria Simonelli

In 2024, the Task Force Coordinator demonstrated significant contributions across several key initiatives. These included leading the successful implementation of the EU Project COPE, which provided health promotion interventions to nearly 1000 NEETs in Italy. This involved close collaboration with the Healthcare of Trento and other European partners. Furthermore, the Coordinator co-authored a crucial Position Paper on the Right to Play for Hospitalized Children, a joint effort with Red Noses International and Culture Action Europe. This work was further complemented by the organization of a successful webinar on

Children's Right to Play, conducted in collaboration with Red Noses International, raising awareness on the vital role of play in child development.

### **3. Task Force on HPH and Age-Friendly Health Care, Dr. Shu-Ti Chiou**

The Task Force on HPH and Age-Friendly Health Care (TF-AFHC) actively pursued its strategic objectives within the International HPH Network, aligned with the UN Decade of Healthy Ageing's Plan of Action 2021-2030. In advocacy and partnerships, the TF-AFHC headquarters in Taiwan demonstrated the impact of Age-Friendly Health Care on national policy development by supporting the Taiwanese Parliamentary Commission on Strong-Generation Policies and Economic Development in their legislative efforts to combat ageism and foster enabling environments for healthy ageing. At the international level, the TF-AFHC partnered with an NGO to plan the satellite event „Application & Development of AI-enabled Solutions in Care Industry“ at the 2025 UN NGO CSW69 Forum. Furthermore, the Chair attended the 2024 European Health Forum Gastein, themed „Shifting sands of health-democracy, demographics, digitalisation,“ to promote the concept and activities of the TF-AFHC. In capacity building, the TF-AFHC organized a Symposium on HPH & Age-friendly Health Care in Hiroshima, Japan, titled „Contribution of Age-friendly Hospitals & Health Services to Health Equity- Experiences from East and West,“ attracting approximately 40 participants. In Taiwan, where most of its members reside, the TF-AFHC conducted a „Global Health Elites Training Camp on NCD prevention & control and healthy ageing under the 2030 Sustainable Development Agenda,“ engaging 40 participants. In cultivating next-generation leadership, the Health and Sustainable Development Foundation, a

supporting organization of the TF-AFHC, sponsored three recipients of the Global Health Elites Scholarship Program to attend the 2024 European Health Forum Gastein, September 24-27, 2024.

### **4. Taskforce on Health Promoting Built Environment, Elke Miedema and Peyton Fort**



The Health Promoting Built Environment (HPBE) Taskforce experienced a productive year in 2024, advancing its mission to collect, select, and share knowledge about building design for health-promoting healing environments and communities. Aligning with its objectives, the taskforce expanded its membership to twelve active members across thirteen countries in North America, Europe, Asia, and Australia, fostering diverse new partnerships within the design disciplines and expanding the network's reach. To support healthcare organizations in evidence-based decision-making, the taskforce collaborated

with other HPH task forces and external partners like the Red Noses Foundation to conduct webinars. Knowledge exchange was further facilitated through the HPBE's LinkedIn page and key initiatives, including the development of a webpage featuring references to national evidence-based design knowledge centers, the publication of research on enablers and barriers of health-promoting built environments, and the creation of foundational materials for upcoming webinar series and an eLearning database for healthcare leaders and architectural designers.

The taskforce demonstrated its commitment to knowledge dissemination through active participation in several global conferences. At



the ARCH24 conference in Helsinki, Finland, with its focus on 'effects of design on health and wellbeing,' members contributed posters and presentations. At the 2024 International HPH conference in Hiroshima, Japan, HPBE members conducted a workshop on Health Promoting Built Environment and Design for Equity and Empathy, hosted a roundtable on 'Barriers and Enablers for Recruitment Efforts,' and led a parallel session on Healing Architecture.

The HPBE Taskforce eagerly anticipates continued growth and contributions in 2025, further advancing the integration of health-promoting design principles in the development of inclusive healing environments

## 5. Task Force on Well-being of Healthcare Workers Task Force, Dr. Cristina Aguzzoli, Dr. Jaekyung Lee and Gabriella Szörényiné Ványi

The Task Force Coordinator welcomed two new members: Maria Linderström from Sweden and Amelia Ceci from Italy. The coordinator prepared the questionnaires necessary for collecting good practices related to health promotion and well-being of health workers. At the 30th HPH Congress held from November 6-8, the Task Force presented its objectives and introduced the online questionnaire for collecting good practices to Congress attendees. Following the Congress, the online questionnaire was uploaded to the HPH Network website and subsequently emailed to all participants who had presented on health promotion and well-being of health workers. The second phase of the survey involves a more detailed questionnaire for in-depth analysis of their good practices.



## 6. Task Force on Culture and Health, Alda Cosola

On the 30th International Conference of the Network HPH Network held in Hiroshima (Japan), the HPH Network Piedmont proudly unveiled the new Task Force „Health and Cultures“. In today’s world, the significance of culture and the arts in the care relationship, for prevention purposes, and for health promotion is extensively supported by a growing body of evidence from both science and the humanities. This foundation element is now integral to European and national policies actively working towards its integration into national plans and programs across various sectors of society. HPH (Health Promotion Hospitals and Health Services) is the international network embracing this challenge to innovate and reinforce organizational culture in managing care processes.

The relevance of health and culture became prominent in the healthcare system during the COVID-19 pandemic that began in February 2020. Health services were tested like never before, facing the challenge of social and physical distancing in emergency hospitalization and chronic disease treatment. During this period, the arts, in its broadest sense, demonstrated a therapeutic effect in maintaining and constructing the care relationship.

### The Two Days of Study

In 2024, the HPH&HS regional network of the Piedmont Region provided an opportunity for in-depth study and constructive discussion on the human dimension in care relationships through an approach aiming to achieve health promotion via arts. On 4 and 5 June, two study days titled „La Cultura come risorsa per la salute – l’altra dimensione della cura“ were organized in Turin in collaboration with public and private institutions committed to promoting research and skill development on this issue.

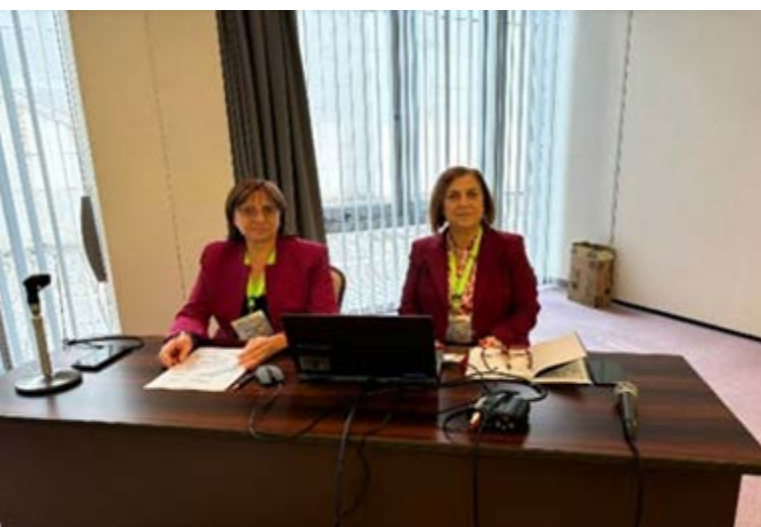
Participating institutions and individuals included: HPH International: Oliver Gröne, Ilaria Simonelli, Ralph Harlid Culture Action Europe: Kornelia Kiss, Italian HPH Networks: Alda Cosola, Cristina Aguzzoli, Ilaria Simonelli, Elisabetta Confaloni, Amelia Ceci, University of Turin, ISS - Istituto Superiore di Sanità, DoRS - Documentation Center for Health Promotion of the Piedmont Region, CCW – Cultural Welfare Center, Medicina a Misura di Donna and Compagnia di San Paolo Foundation.

These study days showcased the growing body of evidence and scientific insights underscoring the importance of culture and the arts for well-being, emphasizing the need to rethink the organization of health services to enhance an arts-oriented health promotion approach.

#### Study Day 1, Workshop, 4 June 2025 –

During the study days, a panel was dedicated to presenting project experiences from hospitals and health services within the HPH network that experimented with artistic practices. These projects aimed to build empowerment relationships and alliances to commit to the health and well-being of patients, caregivers, and operators in various care contexts.

The projects were analysed using a survey form that cross-referenced data to picture the



characteristics of health and cultural projects. Analysis tools included: HPH Global Strategy 2021-2025, New Haven Recommendation and Standards for Health-Promoting Hospitals and Health Services 2020.

These tools were used in relation to the WHO Regional Office for Europe's synthesis report 67/2019, „What is the evidence on the role of the arts in improving health and well-being? A scoping review.“ This report defined engagement with the arts across five broad categories:

- › Performing arts (e.g., music, dance, theater, singing, film)
- › Visual arts, design, and crafts (e.g., painting, photography, sculpture, textiles)
- › Literature (e.g., writing, reading, literary festivals)
- › Culture (e.g., museums, galleries, art exhibitions, concerts, community events, festivals)
- › Online, digital, and electronic arts (e.g., animations, film-making, computer graphics)

Several sub-themes in health promotion were identified:

1. How the arts influence social determinants of health (e.g., social cohesion, social inequalities).
2. How the arts support child development (e.g., mother-child bonding, speech and language acquisition, educational attainment).
3. How the arts encourage health-promoting behaviors (e.g., promoting a healthy lifestyle, reducing stigma, engaging marginalized groups).
4. How the arts help prevent ill health (e.g., enhancing well-being, reducing trauma impact, lowering cognitive decline risk).
5. How the arts support caregiving (e.g., understanding health, supporting carers' well-being).

The survey results were summarized in a SWOT analysis, forming the basis for defining the objectives of the HPH Taskforce on Health and Culture.

**Study Day 2:** On 5 June, the study day held at the University of Turin – Cavallerizza Reale featured three panels: From Scientific Evidence to Policies, Culture as a Resource in the Health Promotion Plan and Health & Culture, an International Project of the HPH Network of Piedmont.



# Webinar: HPH and Red Noses

## Children's rights to play and participate in artistic activities in healthcare settings, 05 March 2024

RED NOSES International and the Task Force on Children and Adolescents of the International Network of Health Promoting Hospitals were excited to host a webinar on the promotion of children's health in healthcare settings. The event explored the significant role of arts in enhancing well-being and realizing children's rights, such as the right to play, leisure, and participation in artistic activities.

Background: Hospitals can be stressful for children, disrupting their routines and causing anxiety. The webinar delved into how arts and creative activities, particularly Healthcare Clowning, have evolved to positively impact the mental health of hospitalized children. The session aimed to raise awareness among professionals and policymakers, advocating for the implementation of Health Promotion Standards by the International HPH Network.

Expected Impact: The discussion centered around providing children with artistic activities in hospitals to enhance their mental health and well-being. The event emphasized the importance of policies that prioritize children's rights to leisure, play, and participation in cultural and artistic life. Participants joined the movement to make a positive impact on the hospital experience for children.

The image shows a laptop screen displaying a webinar slide. The slide is titled "Webinar HPH-RED NOSES" and features a table of contents (Agenda) and a QR code. The QR code is located in the bottom right corner of the slide. The slide content includes:

### Webinar HPH-RED NOSES

Children's rights to play and participate in artistic activities in healthcare settings  
5th March, 09:30-11:30 CET

Introduction  
RED NOSES International and the Task Force on Children and Adolescents of the International Network of Health Promoting Hospitals are pleased to invite you to a webinar. This event aims to explore the promotion of children's health in healthcare settings and explore the significant role of arts in enhancing well-being and realizing their rights, such as the right to play, leisure, and artistic activities participation.

Background  
Hospitals can be stressful for children, disrupting their routines and causing anxiety. However, through arts and creative activities, especially Healthcare Clowning, have evolved to positively impact the mental health of hospitalized children. We aim to raise awareness among professionals and policymakers, advocating for the implementation of Health Promotion Standards by the International HPH Network.

Expected Impact  
Join us in the discussion during the webinar, focusing on providing children with artistic activities in hospitals to enhance their mental health and well-being. Be part of the movement advocating for the implementation of policies that prioritize children's rights to leisure, play, and participation in cultural and artistic life. Let's make a positive impact on their hospital experience together.

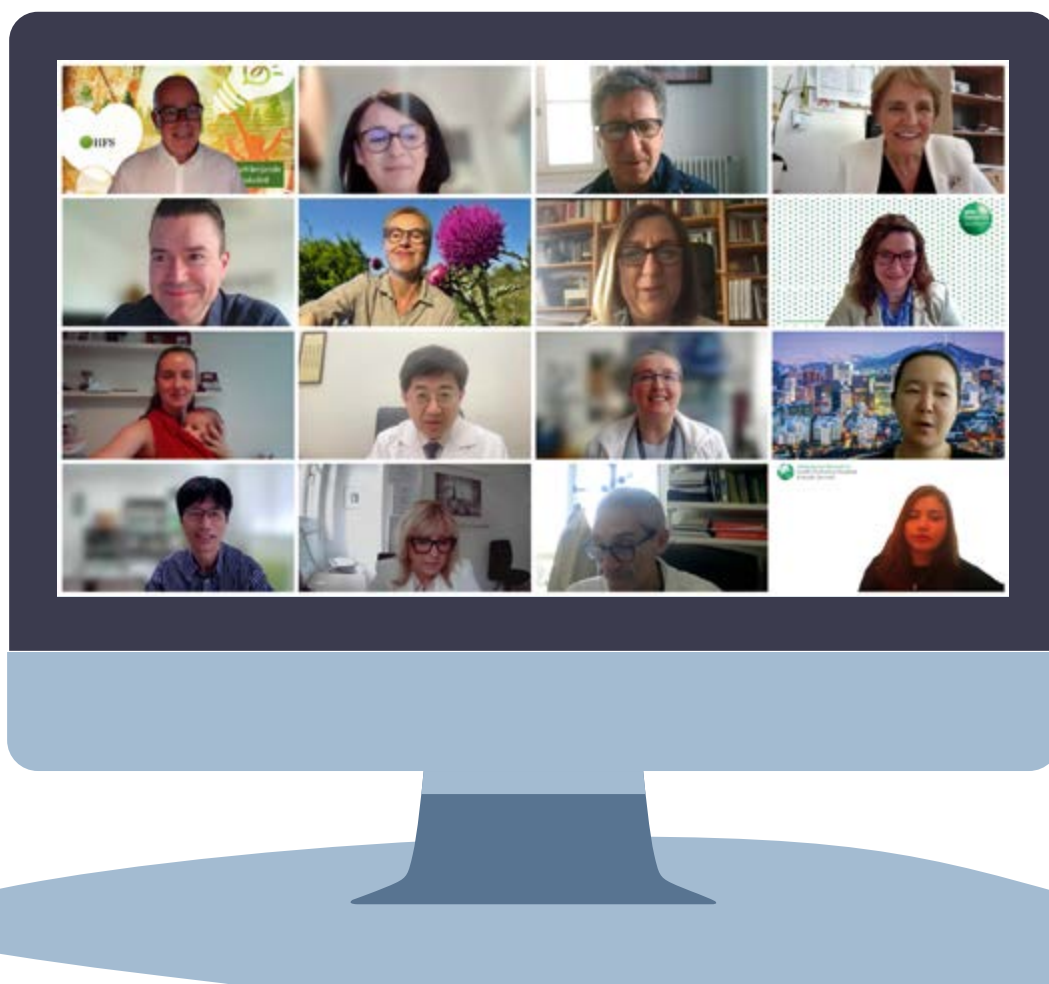
Topic	Presenter
Opening remarks	Prof. Dr. Nils G. Kjaer, Aarhus University Hospital, Denmark
Playful teaching for the health and well-being benefits of the arts	Dr. Nils G. Kjaer, Aarhus University Hospital, Denmark
The Child and Adolescent Health Strategy in HealthCare - ensuring children's rights to health promotion and health care	Dr. Lisa Stappenberg, Competence Center Health Promotion and Healthcare, Austrian National Polytechnic Institute
Break	
Children's rights to play and participate in artistic activities in healthcare settings	Dr. Shou De Fawen, Head of the Research and Learning Department, RED NOSES International
Transforming Healthcare Spaces: Architecture in the Paediatric Unit	Dr. Elise Mathiesen, Coordinator & Project Lead, HPH Task Force on Health Promoting Building Design
Next steps and resolutions for better artistic activities for children in hospital	Dr. Shou De Fawen, Head of the Research and Learning Department, RED NOSES International
Conclusion	Veronika Schmidt, Deputy CEO of RED NOSES International
Wrap up	Dr. Boris Simoniak, Coordinator of the Task Force on Children and Adolescents, International Network of Health Promoting Hospitals

Link to the Webinar:  
[www.youtube.com/watch?v=Q3u-w8Dn-7Q](https://www.youtube.com/watch?v=Q3u-w8Dn-7Q)

## The 34th General Assembly Meeting, 17 May 2024

During the 34th General Assembly meeting held on 17 May 2024, important updates were given to the members, and decisions were made including the following:

- › A brief overview presented of the Governance Board activities by the GB Chair
- › Presentation of the HPH Future Leaders Advisory Board Initiative
- › Presentation of the two published Policy Briefs on the role of health promotion in attracting and retaining a healthy workforce and the role of hospitals in addressing climate change mitigation and adaptation
- › The formation and approval of new taskforces: The Taskforce of Relationship between Culture and Health; Piemonte Region HPH Network and the Well-being of Healthcare Workers Task Force
- › Network Presentations included HPH Kosovo Network, HPH Catalunya and the HPH Campania Network



Attendees (A-Z): Alda Cosola, Bożena Walewska-Zielecka, Chowaniecová Zobor, Christina Dietscher, Cristina Aguzzoli, Dr Ming-Nan Lin, Dr Sally Fawkes, Fatima Haering, Fekrije Hasani, Funakoshi, G. Fornero, Giulio Fornero, Giuseppina Viola, Gladys Wong, Inese Gobiņa, Irelana Miranda, Jaekyung Lee, Kaposvár Gabriella Szörényiné Ványi, Marianne Hochet, Michel Philippe, Mireia Vicente, Mònica Fernández-Aguilera, N. Romezy, Oliver Groene, Pilar Sala, Ralph Harlid, Sergio Chirico, Tereza Dostal, Zachovaloval



## The Governance Board Meeting in Hamburg, 03-04 June 2024

The International Network of Health Promoting Hospitals (HPH) convenes its Governance Board for an annual two-day meeting in Hamburg. This gathering offers a valuable opportunity for members to engage face-to-face and delve into important topics in depth.

During the 2024 meeting, several critical issues were addressed, with the focal point being strategic planning for the next five years, covering the period from 2026 to 2030. A comprehensive SWOT analysis was conducted, identifying the network's strengths, weaknesses, opportunities, and threats.

Additional discussion topics included updates on the legal status of the Secretariat, the FENSA agreement with the World Health Organization (WHO), developments regarding the FL-HPH Board, and the monthly ratifications of new members.



L-R: Ralph Harlid, Bożena Walewska-Zielecka, Birgit Metzler, Cristina Aguzzoli, Jaekyung Lee, Nina Peränen, Ming-Nan Lin, Fatima Haering and Oliver Groene

The SWOT analysis results served as a solid foundation for the discussions during the meeting and will continue to guide future strategy planning. The results were summarised as follows:

<ul style="list-style-type: none"> <li>• We are a global network with a strong membership base</li> <li>• We have a dedicated and active GB and secretariat</li> <li>• We have a solid governance structure for the network</li> <li>• Based on a strong theoretical background and a salutogenic approach</li> <li>• A history grounding in WHO</li> <li>• Collaboration with the WHO collaboration centre</li> <li>• Strong evidence about relationship between impact of HP on quality of life</li> <li>• We have standards, evaluation tools and policy briefs</li> <li>• Expertise and knowledge including a platform for knowledge exchange and international conferences</li> <li>• Task forces for prioritized topics</li> </ul>	<ul style="list-style-type: none"> <li>• Limited resources (financial, personnel)</li> <li>• Difficult to explain the HPH concept to all members</li> <li>• Complicated to understand and evaluate the standards</li> <li>• Lack of tools for implementation of the HPH concept</li> <li>• Lack of influence on policymakers and media</li> </ul>
<ul style="list-style-type: none"> <li>• Growing burden of disease and aging population drives the need for prevention and promotion</li> <li>• Membership growth</li> <li>• Future leaders advisory board</li> <li>• Partnership with M-POHL, Health-Care without Harm, GNTIF, BIF, Planetree</li> <li>• WHO collaboration center has a new workplan that relates to HPH</li> </ul>	<ul style="list-style-type: none"> <li>• The global economy</li> <li>• Many fight for the same resources</li> <li>• Aging population with implication on staff and network members</li> <li>• Poverty and war</li> <li>• The education systems for medical specialties that focus on disease rather than on health</li> <li>• Lack of willingness to take personal responsibility in health</li> <li>• Lack of knowledge about new ways of measuring health and well being</li> <li>• Policy environment does not promote HPH</li> <li>• Absence of structure deals about in the governance/health of healthcare setting</li> <li>• Social isolation induced by social media</li> <li>• Too many standards from others</li> <li>• Fear of lack of results by politicians</li> <li>• Separation between mental health and physical health</li> <li>• A global network with different languages and cultures</li> <li>• Members overwhelmed with other tasks, resulting in low level engagement and burn-out</li> <li>• Visibility and recognition on national and regional level</li> </ul>





Evening Dinner at Schifferbörse, Hamburg



The 'Original' SWOT-Analysis

# The 30th HPH Global Conference in Hiroshima, Japan

The 30th International Conference on Health Promoting Hospitals and Health Services was held from November 6-8, 2024, at the International Conference Center in Hiroshima, Japan. This year's theme, „The Contribution of Health Promoting Hospitals and Health Services to Health Equity,“ attracted nearly 800 participants from around the world. The event featured a diverse array of plenary sessions, oral presentations, and discussions addressing critical issues in health promotion.



Plenary 5: The role of HPH networks in promoting equity beyond the health sector

and initiatives aimed at enhancing health equity within their communities.

The opening ceremony set a poignant tone for the conference, featuring speeches from Michiko Kodama, a Hibakusha (nuclear bomb survivor) and advocate for nuclear disarmament, alongside representatives from the Japan HPH Network, local hosts, the WHO Kobe Center, and the HPH Governance Board.

Throughout the conference, multiple plenary sessions explored strategies for promoting health equity, emphasizing the significance of leadership and resource allocation in enhancing community health. Workshops and presentations addressed a variety of topics,



The conference was significantly supported by the International Secretariat in Hamburg, which organized workshops for members, hosted the Governance Board Meeting, and facilitated both oral and plenary sessions. Prof. Dr. Oliver Gröne, CEO of the HPH Network, led a plenary discussion titled „The Role of HPH Networks in Promoting Equity Beyond the Health Sector.“ During this session, participants shared exemplary care models



Oral Session: Contributions of Health Promoting Hospitals and Health Services to health equity in communities

including the creation of health-promoting environments, support for vulnerable populations, and community-based interventions. Additionally, poster sessions highlighted innovative research, showcasing technological solutions to reduce health disparities, workplace well-being initiatives, and interdisciplinary approaches to improving maternal and child health.

Networking opportunities were abundant, with a welcome reception and gala dinner fostering connections among attendees. The conference underscored the critical need to embed health equity as a fundamental objective within healthcare systems, providing valuable insights and practical tools for effective implementation.



Poster Session

**GB Meeting:** The Governance Board convened for a one-hour meeting during the conference to discuss outstanding topics and make necessary decisions

**Newcomers Workshop:** The International Secretariat, Fatima Häring and Prof. Dr. Oliver Gröne along with Taiwanese HPH Coordinator, Ming-Nan Lin organised and hosted a, 'Newcomers Workshop' for new members of the International Network of Health Promoting Hospitals & Health Services.



Ceremonial Inauguration of the Conference Dinner

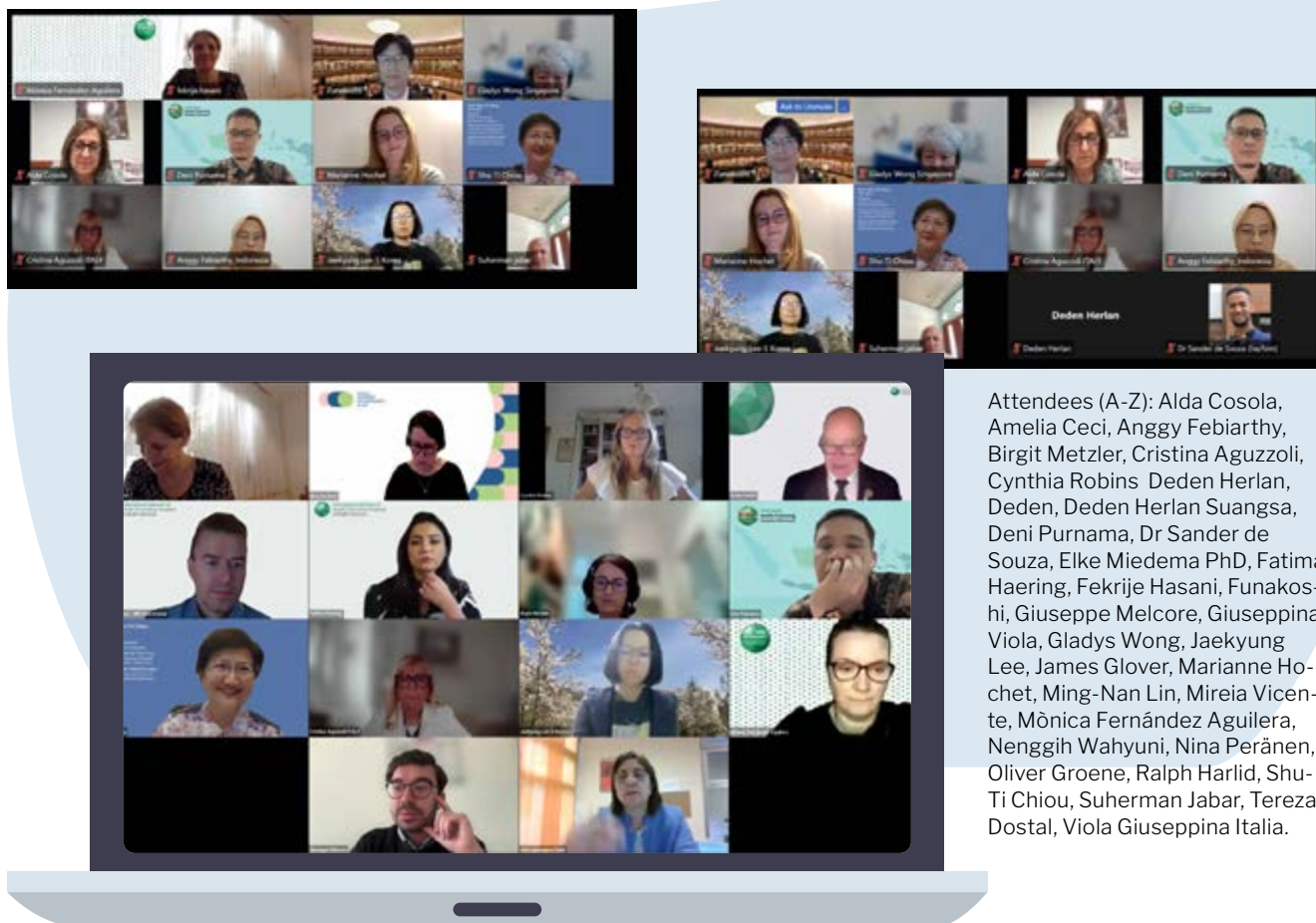
This workshop was an opportunity to introduce participants to the network's foundational principles, background, and standards. This session provided an invaluable opportunity for newcomers to connect, share knowledge, and receive practical recommendations for initiating health promotion within their organizations.

**Conference Dinner:** The Japanese hosts organized a gala dinner at the Rihya Hotel, creating a remarkable social event that provided attendees with an exceptional opportunity to network. This memorable evening featured a captivating tableau that highlighted Japanese culture and showcased an exquisite culinary experience, making it a truly unique occasion for all participants.



Cultural Tableau organised by the Japanese Hosts

## 35th General Assembly Meeting, 28 November 2024



Attendees (A-Z): Alda Cosola, Amelia Ceci, Anggy Febiarthy, Birgit Metzler, Cristina Aguzzoli, Cynthia Robins Deden Herlan, Deden, Deden Herlan Suangsa, Deni Purnama, Dr Sander de Souza, Elke Miedema PhD, Fatima Haering, Fekrije Hasani, Funakoshi, Giuseppe Melcore, Giuseppina Viola, Gladys Wong, Jaekyung Lee, James Glover, Marianne Hochet, Ming-Nan Lin, Mireia Vicente, Mónica Fernández Aguilera, Nengguh Wahyuni, Nina Peränen, Oliver Groene, Ralph Harlid, Shu-Ti Chiou, Suherman Jabar, Tereza Dostal, Viola Giuseppina Italia.

The 35th General Assembly Meeting, held on 28 November 2024 featured significant updates on key activities for the network members. The session included the following:

- › a brief reflection on the 30th International Conference held in Hiroshima, Japan which was a success in terms of finances and new memberships.
- › For the upcoming five-year HPH strategy planning 2026-2030, a SWOT analysis was done by the Governance Board and presented to the members, also welcoming their opinions on it.
- › The new Future Leaders Advisory Board was invited and introduced to the members who has been working alongside the GB to develop policy briefs and suggest topics for network strategy development.
- › With Sally Fawkes's term ending this year, Bozena Walewska, Governance Board Member and past GB Chair, was approved and appointed by the GA as the new treasurer for the next two years.
- › An update from each of the six Taskforces along with the due renewals.
- › The Network presentations included the updates and network activities from the Indonesian and Taiwanese HPH Networks.

For those interested, kindly submit your Declaration of interest for joining the HPH Governance Board in 2025.

# Advocacy

Throughout the year, the International Health Promoting Hospitals (HPH) Secretariat actively participated in various conferences and seminars, showcasing its commitment to advancing health promotion initiatives. Some of them are mentioned below:

## Conference: Promoting Health in Hospitals and Health Services – Change Comes from Within the System, 18 June 2024, Italy

The event was organized by the National Center for Disease Prevention and Health Promotion, IRCCS Child Jesus Pediatric Hospital, Regional Health Coordination Company, Friuli Venezia Giulia Region, Coordination of Italian Networks, and International Network Health Promoting Hospitals & Health Services, in collaboration with Local Health Authority of Rome 1

Prof. Dr. Oliver Gröne participated online, delivering a talk on „Health Promoting Hospitals and Health Services Standards and their Application for the Wellbeing of Healthcare Workers“ during the first session.



## National Conference of Hungarian Hospital Association (HHA), May 8-10, 2024, Hungary

During the national conference in Mátraháza, nearly 1000 attendees participated. On the morning of May 10, Prof. Dr. Oliver Gröne gave a 20-minute plenary session presentation on the concepts, values, strategies, and standards or indicators of health promotion in the organizational structure and culture of hospitals and health services.



## Study Visit to Budapest, Hungary within the Framework of the Health Promoting Hospital Network with the Kosovo Delegation, 10-14 September 2024

The study visit was facilitated by OptiMedis under the leadership of Prof. Dr. Oliver Gröne and Dr. Zsuzsa Rákossy-Vokó, the Head of Health Promotion at the Bethesda Children's Hospital in Hungary. They contributed to organizing and supporting the visit and hosting the Kosovo delegation. The visit aimed to gain insights into Hungary's national hospital health promotion program, foster collaboration between Kosovo and Hungarian health institutions, and develop practical skills and strategies for implementing similar initiatives in Kosovo.





# Financial Report 2023

The audit report 2023 was assessed and approved by the HPH treasurer Dr Sally Fawkes and presented to the General Assembly during the 35th General Assembly Meeting in November 2024.

## Income

Total income for the year 2023 was 137,863€.

The income was lower in the year 2023 because of the delayed payments of certain invoices, which were paid largely during the first quarter of 2024 and are not reflected in the financial account of 2023.

The primary source of this income comes from HPH membership fees from National and Regional HPH networks and single members.

## Expenditure

Total expenditure for the year 2023 was 143,633€.

The expenditure includes various costs such as Personnel costs (Coordination, Partnerships and education, Management, Accounting, Communications, Web and social media platforms and Assistance). Other costs include Tax Certificates, legal fees, travel costs and Platform hosting/ Media design.



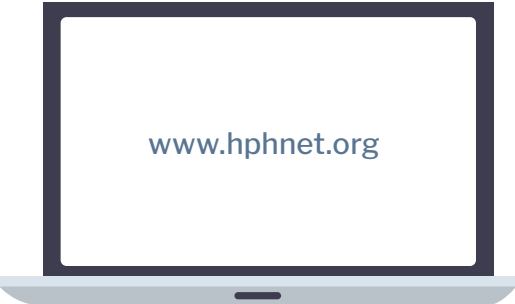
# Stay Connected

We are delighted to welcome all participants and invite you to stay updated on the event by visiting our HPH website and the conference website for the latest news and information.

We eagerly anticipate your active participation and engagement in this important gathering dedicated to advancing health promotion within hospitals and healthcare settings. Your involvement is crucial to the success of our collective efforts.

## Stay connected for more updates:

**Website:**



**LinkedIn:**

**Conference Website:**





# International Network of Health Promoting Hospitals & Health Services

This report was written by Fatima Haering and Prof. Dr. Oliver Groene of the International Secretariat on behalf of the International HPH Network.

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