Age-Friendly Health Care and Health Promotion- Framework, Standards & Recognition

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Outline

- The need for developing age-friendly health care
- How do we become age-friendly health care?
- The framework, standards & examples
- Collaborative learning and the recognition process
- The way forward



The need for developing age-friendly health care



The world is rapidly aging

- The world's number of persons aged 60 or over will double by 2025 compared to 2006.
- By 2050, this number will reach 2 billion or higher and exceed the number of children under 15.
- About 30% of the European population will be 65 or over in 2050, the old age dependency ratio will be 1 elderly to only 2 people of working age by then.



Within 12 years, 1 in every 3 citizens will Shu-Ti be aged 60 or more in many countries.

Table 1. Countries with more than 10 million inhabitants (in 2002) with the highest proportion of persons above age 60

2002		2025		
Italy	24.5%	Japan	35.1%	
Japan	24.3%	Italy	34.0%	
Germany	24.0%	Germany	33.2%	
Greece	23.9%	Greece	31.6%	
Belgium	22.3%	Spain	31.4%	
Spain	22.1%	Belgium	31.2%	
Portugal	21.1%	United Kingdom	29.4%	
United Kingdom	20.8%	Netherlands	29.4%	
Ukraine	20.7%	France	28.7%	
France	20.5%	Canada	27.9%	

Source: UN, 2001

Unaffordable future?

- New technologies/ new drugs
- Growing demand for disability care
- Can the healthcare expenditure grow proportionately as well?



Functional status at 70 and total life expectancy



In healthcare sector...

- In 2009, 96.3% elders had at least 1NHI visit, in average each elderly had 27.8 visits per year (General population: 91.8%; 15 visits).
- Healthcare utilization (including all types of health institutions):

	Ambulatory Care	Hospitalization
65+ % of visits	23.3	32.8
% of payment	31.9	44.8
50+ % of visits	45.0	53.8
% of payment	59.9	67.6

Source: 2009 NHI Statistics Information, Taiwan



Older persons have unique needs

- Chronic conditions and co-morbidity
- Different manifestations
- High utilization of healthcare, but vulnerable to hospitalization and healthcare (may impose risks to older persons)
- Older persons said they suffered from unfriendliness of healthcare.
- => Can we turn challenges into opportunities?



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Chronic diseases among 65+ elderly

Ger	nder, Age	1 disease	2 diseases	3 diseases
	65+	88.7%	71.7%	51.3%
	75+	90.9%	76.8%	56.4%
Mala	65+	85.8%	65.6%	43.9%
Male	75+	89.1%	71.2%	50.2%
Eamola	65+	91.7%	77.8%	58.8%
Female	75+	92.8%	82.8%	63.0%

Note: 1. Sample: 2,699 (Male 1,362, Female 1,337) Chronic diseases mentioned above including the following 17 diseases: hypertension, diabetes, heart problems, stroke, lung or breathing problems (bronchitis, emphysema, pneumonia, lung disease, asthma), arthritis / rheumatism, stomach ulcer or stomach disease, liver and gall disease, hip fracture, cataract, kidney disease, gout, vertebral entophyte, osteoporosis, cancer, hyperlipidemia, anemia (percentage is weighted calculated)

2. Source: (6th) Survey of health and living status of the middle aged and elderly in Taiwan survey report, Bureau of Health Promotion, 2007

The system is not designed for chronic *Shu-Ti* **conditions....**

- Hospitals and other acute care settings are not ideally designed to care for older persons in many aspects.
- highly specialized professionals
- working individually
- > at rapid pace
- services are delivered in a fragmented and reactive manner.





© World Health Organization 2004

Problem in elder health care: Elders \neq older adults

- Multiple unclear or atypical symptoms vs. busy or untrained medical staff
- Unclear symptoms ≠ less serious; ex. infection without fever, painless acute myocardial infarction,
- Frontline healthcare staff not familiar with common elderly problems, ex. fall, incontinence, immobility and confusion.
- Sometimes health and medical problems are not perceived as the most urgent by patients if they have family or social problems unsolved



The complaints from frontline

WHO organized focus groups in 5 developed & developing countries to consult older people and their health care providers about improving care in 2002 (WHO, 2004a):

1.Attitudes (no listening, no respect, no discussions with elderly, inadequate autonomy);

2. The lack of **Training and education**;

- 3. Gender issues;
- 4. Language;
- 5. Obstructive management systems;
- 6. Cost (too high);
- 7. Waiting time too long;

8. Inadequate time for complete assessment and treatment;

9. Lack of continuity and fragmentation of services;

10. No special clinic or consultation hours for older persons;11. Physical environment (distance, transportation, barrier-free facilities, signs, cleanliness)

Unfriendly environment & unpleasant experiences may result in lack of intention to visit again



Health Service: Opportunity or Risk?

- Elderly are likely to have complications during hospitalization: infection, pressure sore, dehydration and malnutrition, falls, adverse drug events, depression and anxiety, cognitive dysfunction, etc..
- Hospitalization may cause irreversible functional decline, admission to institutions;
- Rehabilitative services & intervention during hospitalization or after discharge help recover and return home
- Health promotion: Elder AMI patients received smokingcessation advice or counseling improved 5-year survival by 22%
- Prevention of falls and adverse events
- Adequate control of chronic conditions



We can make a difference...

- Health promotion, disease management and patient safety interventions delivered in and by clinical settings have been shown to improve health outcomes.
- However, it can only happen if there are some *redesigns of the healthcare system* to allow these interventions being provided in a more proactive, coordinated and well-organized way to achieve predictable and equitable health gains.



How do we become age-friendly?



The Age-friendly Health Care Initiative

Aims:

- innovate and apply state-of-the-art knowledge and best practices and
- help hospitals and health services develop age-friendly culture, structures, decisions, and processes to improve health gain for older persons in and by healthcare settings.

Objectives:

- 1. To develop an organizational **framework** both for internal implementation and for external recognition
- 2. To develop **tools** for clinical quality improvement
- 3. To develop **indicators** for monitoring and benchmarking
- 4. To launch organizational plan of CQI for age-friendly care
- Who can join: hospitals, primary care centers, long-term care facilities, etc.

Initial Sources of Standards

Published in: Archives of Gerontology and Geriatrics 49 Suppl. 2 (2009) S3-S6

- Based on
 - □ WHO age-friendly principles
 - **WHO Standards of Health Promoting Hospitals**
- World's first government-driven, nationwide Age-Friendly Hospitals and Health Services Recognition



Towards age-friendly hospitals and health services

Shu-Ti Chiou^{a,b,*}, Liang-Kung Chen^{c,d,e}



The AF module

- 1. The AF framework;
- 2. Tools for clinical practice;
- 3. Indicators for monitoring and benchmarking
- 4. Organizational plan chart



1. AF Framework

- Vision, values and missions
- Strategies: --4 standards, 11 sub-standards, 60 measurable items



Vision, Values & Missions of Taiwan's Age-^{Shu-Ti} friendly Health Care

- Vision: An age-friendly hospital (or health service) is an organization promoting health, dignity and participation of senior people
- **Values:** Health, Humanity, Human Rights

Missions:

□To create a friendly, supportive, respectful and accessible healing environment tailored to the unique needs of senior persons;

■To facilitate safe, health promoting, effective, holistic, patientcentered and coordinated care in a planned manner to the older persons;

■To empower older persons and their families to increase control over their health and care.

Strategies

--4 standards, 11 sub-standards, 60 measurable items

1. Management Policy (12)

- 1.1 Developing an age-friendly policy (3)
- 1.2 Organizational support (7)
- 1.3 Continuous monitoring and improvement (2)

2. Communication and Services (9)

- 2.1 Communication (5)
- 2.2 Services (4)

3. Care Processes (25)

- 3.1 Patient assessment (7)
- 3.2 Intervention and management (9)
- 3.3 Community partnership and continuity of care (9)

4. Physical Environment (14)

- 4.1 general environment and equipment (7)
- 4.2 transportation and accessibility (4)
- 4.3 signage and identification (3)



2. Tools for clinical practice

- Lifestyle assessment and intervention
- Stepwise fall risk screening
- Frailty screening
- Medication safety check
- High risk screening and geriatric assessment for hospitalized patients
- Clinical pathways for major NCDs
- etc.



3. Indicators for monitoring and benchmarking

- Awareness
- Satisfaction
- Inequity
- Completion of risk factor assessment and intervention
- Quality performance on major NCDs
- Falls
- Readmission
- Functional deterioration



4. Organizational plan chart



The framework, standards & examples



ISQua's International Accreditation Programme

By Charles D Shaw, ISQua, supported by World Bank and WHO

Toolkii ior Accrediiciion Programs

Some issues in the design and redesign of external health care assessment and improvement systems

Foreword:

THE WORLD BANK

Modernizing and improving health systems lies at the heart of efforts by the international development community to help poor countries reach their 2015 Millennium Development Goals (MDGs)—with their promise of vasly improved human and economic welfare. Despite broad agreement on the urgency of such an overhaul, the practical difficulties involved in grappling with the complex and multi-disciplinary nature of health systems, and resolving widespread concerns about their quality, cannot be understimated.

It is widely recognized that good governance is required in the health care sector. The general public, organizations of patients and disabled persons, and third party payers want to have more objective assessments of health service quality. Contries have taken different approaches to maintaining quality and improving standards. In some countries, professional organizations and provider associations try to exercise quality control over members to improve standards for care, of heavithout input from government or society. In other countries, the state exercises rigid control over the health sector, leaving almost no scope for professional judgment – routing in defensive medicine and unnecessary referrant to higher levels of care. The challenge is to balance the roles of health professionals, government policymakers, members of the public, and other stakeholders in enhancing the quality of, and setting the standards for, the health sector.

Accreditation is therefore an important contribution to this process. It is proposed as an objective method to verify the status of health service providers and their compliance with accepted standards. This Toolkit for Accreditation Programs is timely. It provides guidance for government officials, health services providers, and technical staff of donor and aid organizations on how to develop, maintain, and improve external assessment systems over time. The Toolkit reviews international experience and brings together useful sources on options for establishing or upgrading an accreditation system for health services providers.

As standards and quality of health care evolve, and experience with accreditation systems develop, so should this Tookit. Therefore, users are encouraged to provide regular feedback to ISQua, The International Society for Quality in Health Care, which has endorsed the Tookit, in order that it be adapted over time to meet changing needs.

SILLON

Jacques F. Baudouy Director Health, Nutrition and Population Network World Bank, Washington, D.C.



by Charles D Shaw International Society for Quality in Health Care



Toolkit for accreditation programs

THE WORLD HEALTH ORGANIZATION

Foreword:

Less than a decade ago, accreditation was still waiting to be included in the agendas of many countries and health institutions. Now, in every region of the world there are established accreditation bodies and agencies. Some experience has been built on how to implement accreditation and on how to improve the quality of the services, knowledge and products that are provided to the population. This experience is primarily frame in developed economies.

During the last decade, the health care systems in many countries were reformed with respect to organization and forms of administration. From having been a system based on 'trust' in the professions, health systems are now closer to other types of organizations, services and industries, including private industry. Appropriate 'standards' of care have become an issue not only for local managers and political bodies, but also for patients, who are increasingly preferred to as 'consumen'.

If we look at the map of accorditation adoption, it appears that countries with developed economies were the beginners during the fifties until the nineties. And if we look at speed this adoption happend, it is possible to recognize a slow beginning along the first three decades with a very small annuber of countries adopting the innovation Oaly in the nuneties, a significant increase of countries adopting accreditation operations begins to change the curve (Fig. 1). In 2002, accreditation opstems were clearly identified in over 39 countries which means that there is huge work to be done in order to promote similar commitment in countries where there is not yet an accreditation system in place.

The toolki for accreditation programs provides a broad audience of health managers, researchers, decision makers, health professionals in general, with the very concrete resources needed to build an accreditation system. As it is a process that should be designed according to each coantry's profile of requirements and expectations, the tools are based in the presentation of experiences and lessons learned. During the building stage of a national system of accreditation, each country has experienced different ways to bring tools are presented in this book, not as rigid guidelines but as good practices to be discussed and improved in every new utilization.

The next stage in the adoption of accreditation practices is going to be of greater expansion. Many countries are interested in providing better health services to their population. In this sense, the contents of this Toolkit are the appropriate ones for the process of building an accreditation system. First, the definition of the purpose of an accreditation policy and which are the best types of inditions for the achievement of this purpose. Decision makers and practitioners, will later face the difficult task of selecting the agency composition, financing and social participation models. Again, the Toolkit will be a source and a critical mirror on where to compare the choices adopted by a country. The toolkit covers the concrete way an agency work, its staffing and the interaction with health system stakeholders. The Toolkit provides, in this sonce, a mature discussion about the knowledge needed to define the agency provides, and excreditation system, the Toolkit or others or the stability of the accreditation system, the Toolkit or others or the stape staffing and the influence on the cyses of financial armirgeness. Similarly, the agency provides, and experience on the types of financial armogeneous with participating institutions.

During the next decade, a greater increase in the establishment of national health accreditation systems is expected. This Toolkit arrives precisely when it is needed and will be a significant contribution for both the already 'experienced' systems and also for the ones that are joining the challenge of improving the quality every day. The Toolkit is a relevant contribution of the International Society for Quality in Healthcare and the World Bank. The WHO has been a permanent partner in the promotion of accreditation systems, and with this Toolkit for Accreditation Programs, our activities will benefit.

Mr Orvill Adams Director Department of Human Resources for Health (EIP/HRH) World Health Organization, Geneva



Timeline of development of age-friendly *Shu-Ti* **framework for health care**

Apr. 2011: **Pilot test** in 8 HPHs, 7 passed recognition

Nov. 2010: Content validity by 11 experts, recognition standards set (4 standards, 11 sub-standards, 60 items)

2009: Based on WHO Age-friendly Principles and WHO Standards of Health Promoting Hospitals, Director-General Dr. Shu-Ti Chiou developed Taiwan's Framework of Age-friendly Hospitals and Health Services while working at the National Yang Ming University Jul. 2011: "Recognition of Age-friendly Hospital and Health Services" officially launched in hospitals



Contents and Analysis of Surveyors' Report

Implementation of each measurable item:0%, 25%, 50%, 75%, 100%



Shu-Ti

Standard 1: Management Policy (12)

- 1.1 Developing an age-friendly policy (3)
- 1.2 Organizational Support (7)
- 1.3 Continuous monitoring and improvement (2)



1.1 Developing an age-friendly policy (3)

S	Standards, Sub-standards, Measurable Items		Low Score <80	Middle 80≦score <90	High 90 ≦score	
1			Management Policy		85.6	
1	1		Developing an age-friendly policy			94.2
1	1	1	The hospital's current quality and business plans identify age-friendliness as one of the priority issues.			93.2
1	1	2	The hospital develops a written age-friendly policy that values and promotes older persons' health, dignity and participation in			92.5
1	1	3	care. The hospital identifies personnel and functions for coordination and			96.8
			implementation of the age-friendly policy.			

Shu-Ti



Age-friendly leadership and culture



Age-friendly policy signed by St. Martin De Porres H.'s superintendent



1.2 Organizational Support (7)

S	tar	nd	ards, Sub-standards, Measurable Items	Low Score <80	Middle 80≦score <90	High 90 ≦score
1	2		Organizational support			
1	2	1	The hospital identifies budget for age-		82.8	
			friendly services and materials.			91.2
1	2	2	The hospital improves the function of its			
			information system to support			
			implementation, coordination and		83.1	
			evaluation of the age-friendly policy.			
1	2	3	The hospital recruits staff knowledgeable in			
			the care of older adults and their families.	69.2		



S	taı	nd	ards, Sub-standards, Measurable Items	Low Score <80	Middle 80≦score <90	High 90 ≦score
1	2	4	All staff receives basic training in age, gender, and culturally sensitive practices that address knowledge, attitude and skills.	78.0		
1	2	5	All clinical staff who provide care to older persons receive basic training in core competences of elder care.	78.2		
1	2	6	The hospital honors age-friendly best practices and innovations.		89.1	
1	2	7	Staff are involved in age-friendly policy- making, audit and reviews.			90.4
		-				

A driver innovated a stepper for the bus





Buddhist Tzu Chi General H., Taipei Branch, honors age-friendly best practice and innovations



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34

Shu-Ti

More age-friendly innovations



Ophthalmologist uses portable devices to exam patients, En Chu Kong H.



Handrail for body weight scale, Lukang Branch, Changhua Christian H.



Ladder for examination bed



Patients can sit for examination



Heating equipment for blood test, YuanSheng H.


36

1.3 Continuous Monitoring & Improvement (2)

13Continuous monitoring and improvement82.9131The hospital includes sex- and age-specific analysis in its measurements of quality, safety and patient satisfaction whenever appropriate. These data are available to staff for evaluation.85.7132A program for quality assessment of the age- friendly policy and its related activities is established. The assessment addresses development of organizational culture and perspectives of the seniors and the providers, as80.1	S	Standards, Sub-standards, Measurable Items				Middle 80≦score <90	High 90 ≦score
132A program for quality assessment of the age- friendly policy and its related activities is established. The assessment addresses development of organizational culture and85.7	1	3		Continuous monitoring and improvement		82.9	
and patient satisfaction whenever appropriate. These data are available to staff for evaluation.85.7132A program for quality assessment of the age- friendly policy and its related activities is established. The assessment addresses 	1	3	1				
friendly policy and its related activities is established. The assessment addresses development of organizational culture and 80.1				and patient satisfaction whenever appropriate.		85.7	
development of organizational culture and	1	3	2	friendly policy and its related activities is established. The assessment addresses	00.1		
well as development of resources, performance of practices and outcome of care.				perspectives of the seniors and the providers, as well as development of resources, performance		00.1	

Performance indicators for age-friendly healthcare (1/4)

Indicators	Definition
Staff awareness of the institution's age-friendly policy	Question: Are you aware or have heard about the promotion of Age- Friendly Hospital? (1)Yes , (2)somewhat , (3)Not really , (4)No Numerator : number of employees that answered "yes" and "somewhat" Denominator : number of employees that answered
The overall satisfaction of patients of different age and gender	Question: Generally speaking, how satisfied are you with the services of our hospital? (1)Very satisfied , (2) satisfied , (3) Normal , (4)not satisfied , (5)Very dissatisfied Numerator : number of "Very satisfied" and "Yes" answers Denominator : number of all answers

Performance indicators for age-friendly healthcare (2/4)

Indicators	Definition
Patient	Questions: in what area(s) are you satisfied with our hospital's services?
experience on	(1) Short waiting time
age-friendliness	(2) Health education(3) Intervention on unhealthy behaviors
& HP services	(4) Actively reminds cancer screening
	(5) Actively recommends smoke cessation
	(6) Attitude of services
	(7) Detailed explanation on your conditions(8) Emphasize patient rights and interests
	(9) Excellent medical practice
	(10) High quality equipment
	(11) Clean and comfortable environment
	<u>(12) Others</u>
	<u>Options</u> : (1)Very satisfied , (2)Satisfied , (3)Normal , (4)Not satisfied , (5)Very dissatisfied
	Numerator : number of "Very satisfied" and "Satisfied" answers
	Denominator : number of all answers

Performance indicators for age-friendly healthcare (3/4)

Indicators		Definition
Rate of re- hospitalizati on within 14 days of discharge	(sub-indicator 1) Unplanned re- hospitalization within 14 days of discharge due to disease-related reasons	 Numerator: number of unplanned re-hospitalized patients, due to disease-related reasons, within 14 days of discharge. Excluding: Re-hospitalized for childbirth Planned re-hospitalization Due to disease-unrelated reasons
uischarge		 Denominator: number of discharged patients from acute care unit Excluding: Number of patient death Automatic discharge for dying patients
	(sub-indicator 2) re-hospitalization	Numerator: number of unplanned re-hospitalized patients within 14 days of discharge
	within 14 days of discharge	 Denominator: number of total discharged patients (including automatic discharge and referral) Excluding: Number of patient death

Performance indicators for age-friendly healthcare (4/4)

Indicators	Definition
Prevalence of fall-	Numerator: number of patients hospitalized due to
related injuries	fall injuries in the denominator.
among patients in	Denominator: number of surveyed patients age 65
recent one year	yrs and above.
Fall incidence in	Numerator: recorded cases of fall incidents
hospitalized	Denominator: numbers of hospitalized patients and
patients	days



Standard 2: Communication and Services (9)

- 2.1 Communication (5)
- 2.2 Services (4)



2.1 Communication (5)

S	Standards, Sub-standards, Measurable Items			Low <80	Middle 80~ <90	High >=90
2			Communication and Services			93.5
2	1		Communication			92.5
2	1	1	Hospital staff speak to older persons in a respectful manner using understandable language and words.			96.2
2	1	2	Provide information on the operation of the hospital, such as opening hours, fee schedules, medication and investigation charges, and registration procedures in an age-appropriate way.			94.2

Ex. Verbal communications; Easily understandable pictures or instructions.



S	taı	nd	ards, Sub-standards, Measurable Items	Low Score <80	Middle 80≦score <90	High 90 ≦score
2	1	3	Printed educational materials are designed in an age-appropriate way.		89.9	
2	1	4	The hospital provides adequate information and involves the older persons and their families at all stages of care.			90.4
2	1	5	The hospital respects older persons' ability and right to make decisions on their care.			92.1



Easily understandable HE materials



Use models to explain to seniors, En Chu Kong H.



Steps to take insulin, Taichung H. DOH



2.2 Services (4)

S	Standards, Sub-standards, Measurable Items				Middle 80~ <90	High >=90
2	2		Services			94.7
2	2	1	The hospital makes every effort to adapt its administrative procedures to the special needs of older persons, including older persons with low educational levels or with cognitive impairments.			93.0
2	2	2	The hospital identifies and supports older persons with financial difficulties to receive appropriate care.			94.9



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 金 民 健 康 保 險 金 和 HEALTH INSURANCE 	編號方式:1~100 <u>12345678910</u> <u>12345678910</u> <u>12345678910</u> <u>12345678910</u> <u>10*0**********************************</u>	F:現場初診 R:現場初診 N:預約約 T:預約約 A:約載 B:外載患者 *:不可掛點 X:不可掛號 S:醫師特約 V:VIP O:敬老院 :清除 存檔 取消

Age-friendly sticker on NHI card



Signs for age-friendly service, Saint Mary's H. Luodong





S	tai	nd	ards, Sub-standards, Measurable Items	Low Score <80	Middle 80≦score <90	High 90 ≦score
2	2	3	The hospital has volunteer programs to support patients and visitors in reception, navigation, transport, reading, writing, accompanying, or other helps as appropriate in outpatient and inpatient services.			95.3
2	2	4	The hospital encourages older persons, including community seniors, patients and their families, to participate in hospital's volunteer services.			95.5



Older persons as volunteers

Cross-generation volunteers



Standard 3: Care Processes (25)

- 3.1 Patient assessment (7)
- 3.2 Intervention and management (9)
- 3.3 Community partnership and continuity of care (9)



3.1 Patient Assessment (7)

S	Standards, Sub-standards, Measurable Items				Middle 80≦score <90	High 90 ≦score
3			Care Processes			90.8
3	1		Patient assessment			90.2
3	1	1	The hospital has age- and gender- appropriate guidelines on assessment of patient's needs for health promotion and disease prevention, including lifestyles, nutritional status, psycho-social-economic status, fall prevention, etc.		87.6	
3	1	2	The hospital has guidelines on assessment of patient's condition-related needs for health promotion, disease management and rehabilitation, such as needs of asthma patients, diabetes patients, stroke patients, patients with heart failure, patients with chronic obstructive pulmonary disease, patients with coronary artery disease, patients undergoing arthroplasty, patients undergoing other surgeries or procedures, patients with terminal illness, etc.		85.9	

S	tai	nd	ards, Sub-standards, Measurable Items	Low Score <80	Middle 80≦score <90	High 90 ≦score
3	1	3	The hospital has guidelines on high-risk screening for the seniors			90.7
3	1	4	Use of medications is reviewed at admission and regularly at outpatient services.			93.1
3	1	5	The assessment of a patient's needs is done at first contact with the hospital and is kept under review and adjusted as necessary according to changes in the patient's clinical condition or on request.		87.3	
3	1	6	The assessment is documented in the patients' record.			91.0
3	1	7	Information from referring physician or other relevant sources is available in the patient's record.			95.5

General Condition Assessment



3.2 Intervention & Management (9)

S	tai	nd	ards, Sub-standards, Measurable Items	Low <80	Middle 80~ <90	High >=90
3	2		Intervention and management		88.4	
3	2	1	appropriate) is informed of factors			
			impacting on their health and, in partnership with the patient (and the caregiver as appropriate), a plan for relevant intervention is agreed.		88.6	
3	2	2	Information given to the patient (and the caregiver) is recorded in the patient's record.			92.8
3	2	3	The intervention and the expected results are documented and evaluated in the records.		89.4	

S	tar	nda	ards, Sub-standards, Measurable Items	Low <80	Middle 80~ <90	High >=90
3	2	4	Information on healthy ageing and information on specific risks or conditions is available to patients, families, visitors and staff.			90.7
3	2	5	Clinical departments incorporate health promotion, rehabilitation and risk management into their clinical practice guidelines or pathways as appropriate.		83.4	
3	2	6	Diagnostic investigations and procedures should take age-related changes and level of tolerance into consideration.		85.7	
3	2	7	Guidelines on multidisciplinary geriatric assessment and interventions on high-risk seniors are available.		81.4	
3	2	8	The discharge planning is initiated as early as appropriate.			95.0
3	2	9	The right length of hospital stay should be achieved.		88.1	

Intelligent Reminding System

	1.22					A FA FTT II IN AREA						
狀態	預		姓名		年齡	病歷號碼	IC	桧騡	結果		報到時間	順序
	預約	5	吳〇峻	男	40	788XXXX				健保口		
	初診	11			0	0						
完成	預約	1	江林〇葉	女	56	692XXXX	Y			健保大乳子口		
完成	預約	2	蔡〇津	女	50	228XXXX	Y	簽收		健保大乳子口		
完成	當診	3	莊〇平	男	50	515XXXX	Y	簽收		健保大口		
完成	當診	6	陳〇雄	男	68	1193XXXX	Y			健保大口		
完成	預約	7	陳〇市	女	86	818XXXX	Y			老人子口		
完成	預約	8	涂呂〇綱	女	72	150XXXX	Y			老人子口		
完成	當診	9	黄〇和	男	74	606XXXX	Y			老人口		
完成	預約	10	莊〇月	女	72	241XXXX	Y			老人子口		
完成	當診	12	王〇郁	男	13	757XXX	Y			健保		
完成	預約	13	陳〇成	男	66	1280XXXX	Y			健保大口		
全部局	: 香見	未完息	。 【記記書】 【記記書書	明彩	雨表	調病歷	成每次言	設定 1	主院借	閱 報到	表單	·





住院醫囑(南郭院區)	्य
線(X) 處置(I) 復健(R) 輔具(H) 牙科(D) 特殊(S) 精神科(C)	
- 🛛 - 🗃 🖾 - 🔊 - 🖳	
方 停用,作廃 重整處方 已開處方 飲食 輸血.手術 會診單 UpToDate 身份 田1-11 床號 K865-B 入院 97/08/23 DNR 器/目 運送 C	
▼ 重整 97/09/09 診斷 434.01 腦血栓症合併腦梗塞	
管內科 蔡正道 <mark>§0</mark>	
目(<u>4</u>) MTZOP F5 関除 體量 0.0	
PRN 首量 劑量 劑單 服法 天數 押 總量 銷單 自 途徑 廖 執行地點 生效時間 失效時間 備 □ □ □ □ □ □ 09/02 11:11 □	備 註
跌倒危險患者及使用致跌棄物提示	
◎護理跌倒許估量表內容:	
1.重要因素: 年齡>=65歲 步態不穩 使用-軟便劑,	
2 次要因素:	
移位或起身站立障礙 需使用助行輔具	
3.跌倒高危險評估分數:8	
※此病患>=18歲且跌倒危險評估總分數為 8分, 使用(Imovane 7.5mg)諸多加注意跌倒預防!	

Warning: Fall prevention for high risk patient, Changhua Christian H.

未讀	诊清軍(N) (17:58)厂院內門	診	101/7/17	E	诊清單(E	() 按滑鼠右鎖	期可 圖例言	說明	9
診號	病歷號	病患姓名	科別	時間券	指取次	診號	病歷號	病患姓名	科別	報告	次藥
3	00584409	黃	心臟內科			0	00438404	壬昆和	心窝内科		
5	00454985	賴	心臟內科			20	00588388	楊九齡	心臟內科	已發	
6	00560533	洪	心臟內科			1	00134783	簡清淵	心臟內科	已發	領
11	00577241	江	心臟內科			8	00032742	李秀峰	心臓内科		
15	00468017	陳	「小蘭内科	医原品质根	升計畫[FimOpe	2 5C129]	00411403	郭永薇	心臟內科		创
Ē			病歷號 0056		洪晨額		就醫日	期 1010717	就醫序號	1	
l	ホエ		一指標1:病人 目前是否有			赫累	計超過100	支(5包),	且最近30天内	」曾經使月 是	用菸品) ○ 雪
1	权力	*	-指標2:醫導 是否建議該		P咴菸病人勸 \$ 7	戒建會	義比牢			是	(雪
			一口 腔 危 除 因 啊 楷 御 現 況				•	吸薪狀態「0	鎁		

Smoking-cessation advice, Chiayi Branch, Taichung Veterans General Hospital



Computer-integrated medication records with auto-check of duplication, overdose, and interactions

	门诊架的	歷資訊整	合东裔	允	11	阮羿	令加	貝	計	整合	杀		
向歷號:	姓名言				第令主要面 F1部令 F2部令	UD RENEW) F3H		E790	ei co/unitid		SE4 III (S	F
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3.2.5 COPD pathway

(Tai-chung Veterans' General Hospital, Chia-yi Branch)



3.3 Community Partnership and Continuity *Shu-Ti* **of Care** (9)

S	taı	nd	ards, Sub-standards, Measurable Items	Low Score <80	Middle 80≦score <90	High 90 ≦score
3	3		Community partnership and continuity of care			93.8
3	3	1	Information on patient organizations is available to patients.			96.2
3	3	2	A list of health and social care providers working in partnership with the hospital is available.			96.2
3	3	3	An operation procedure for referral services is in place with assigned personnel.			97.9



S	tai	nd	ards, Sub-standards, Measurable Items	Low <80	Middle 80~ <90	High >=90
3	3	4	There is a written plan for collaboration with partners to improve the patients' continuity of care.			92.6
3	3	5	There is an agreed-upon procedure for information exchange practices between organizations for all relevant patient information.		88.8	
3	3	6	Patients (and their families, as appropriate) are given understandable follow-up instructions at out- patient consultation, referral or discharge.			93.0
3	3	7	The receiving organization is given in timely manner a written summary of the patient's condition and health needs, and interventions provided by the referring organization.			92.8
3	3	8	If appropriate, a plan for rehabilitation describing the role of the organization and the cooperating partners is documented in the patient's record.		89.2	
3	3	9	The hospital provides care services to the community elders.			97.3

Rehabilitation and community HP activities





Community Service





Health check-up in community, Chest H. DOH



Volunteers cutting hair for community elderly





Free transportation to hospital for seniors health check-up

Meal delivery service

Buddhist Tzu Chi General H., Taipei Branch



Standard 4: Physical Environment (14)

- 4.1 General environment and equipment (7)
- 4.2 Transportation and accessibility (4)
- 4.3 Signage and identification (3)



4.1 General Environment and equipment (7)

S	tai	nd	ards, Sub-standards, Measurable Items	Low Score <80	Middle 80≦score <90	High 90 ≦score
4			Physical Environment			94.4
4	1		General environment and equipment			93.8
4	1	1	The hospital applies the common principles of Universal Design to its physical environment whenever practical, affordable		88.0	75.0
			and possible.			
4	1	2	The facilities, including waiting areas, are clean and comfortable throughout.			98.3
4	1	3	The facilities are equipped with good lighting, non-slip floor surfaces, stable furniture and clear walkways.			91.5

let, bathing facilities and hospital re equipped with emergency alarm s. spital has barrier-free washrooms ed with basic washing facilities.			96.4 92.5
			92.5
are hand railings on both sides of ys.			95.5
			94.2
	are hand railings on both sides of tys. eights are appropriate for older as.	eights are appropriate for older	eights are appropriate for older

H

65

Examples of 4.1

Washroom renovation



 Before

Chair with armrest



Before

Senior examination rooms, independent and privacy protected, Taichung H. DOH







4.2 Transportation and accessibility (4)

S	tar	nd	ards, Sub-standards, Measurable Items	Low Score <80	Middle 80≦score <90	High 90 ≦score
4	2		Transportation and accessibility			96.7
4	2	1	The main hospital premise has convenient transportation connections.			97.0
4	2	2	The hospital with larger premises offers shuttle van.			96.4
4	2	3	The hospital's main entrance has a passenger drop off / pick up area with staff on site to provide assistance.			97.4
4	2	4	For people with disabilities, there is enough space for them to get on / off and mobility aids are provided. (ex. wheelchair)			96.4

Transportation and accessibility



Shuttle van between two branches, Tri-Service General H.





Assistance at the main entrance, St. Martin De Porres H.



4.3 signage and identification (3)

S	tar	nd	ards, Sub-standards, Measurable Items	Low Score <80	Middle 80≦score <90	High 90 ≦score
4	3		Signage and identification			92.9
4	3	1	Simple and easily readable signages are			
			posted throughout the hospital to facilitate orientation and personalize providers and services.			91.7
4	3	2				
			directions and makes it easy for older persons to identify.		89.5	
4	3	3	Key health care staff are easily identifiable using name badges and name boards.			97.4
			using nume suages und nume sourds.			Ë

Signage and identification



Orientation Markers on Floor



Larger signs







Weaknesses: items scored < 85

- IT support for implementation and evaluation of agefriendly policy (1.2.2, 83.1);
- Staffing and capacity building:
 - staffing in geriatric care (1.2.3, 69.2),
 - basic training for all staff (1.2.4, 78),
 - training in core competence for clinical staff(1.2.5, 78.2)
- Existence of quality assessment program (1.3.1, 80.1),
- Incorporating health promotion into clinical practice guidelines (3.2.5, 83.4), and
- Existence of guidelines on multidisciplinary geriatric assessment and interventions on high-risk seniors (3.2.7, 81.4).



Surveyors' Score: 12 Sub-standards


Surveyors' Score: 4 Standards



"Management Policy" still has rooms for improvement



Shu-Ti

Reliability: Hospitals' & Surveyors' Score



Surveyors' Comments on organizational Shu-Ti preparedness -1

Leadership support	%	Resource allocation and role assignments	%
High	96.6	Good	84.6
Moderate	3.4	Adequate	15.4
Low	0	Inadequate	0



Surveyors' Comments on organizational Shu-Ti preparedness -2

Achieved progresses	%	Future development	%
High	62.4	Promising and optimistic	92.3
Moderate	34.2	Somewhat promising	7.7
Low	3.4	Pessimistic	0



Collaborative learning and the recognition process



Training Program for Surveyors

- "Age-friendly Healthcare On-Site Visit Surveyors Consensus Camp"
 - □ Standards' interpretation
 - Survey process
 - Interviewing and observation skills
 - Documentation review
 - Report-writing techniques









Evaluation for Surveyors

systematic appraisal on surveyor each year:

- Participation
- Performance
- Enthusiasm
- Suitability
- □ Reliability
- Hospitals' Satisfaction
- Audit Report Quality



7 steps of learning & recognition

- 1. Leadership & team-up
- 2. Coordinator training
- 3. Self assessment
- 4. Improvement plan
- 5. Site visit
- 6. Feedback & recognition
- 7. Award competition



Core Training Course for Hospitals who intend to apply for Recognition

Time	Content	
30 min	(Visit) An Age-friendly Hospital and its Achievements	
50 min	Promoting Age-friendly Health Care	
50 min	How to draft your own Age- friendly Health Care Plan	
10 min	Break	
50 min	How to Prepare and Implement Age-friendly Health Care Self- assessment	
20 min	Discussion	1







Hospital Self-Assessment (Overall)



Overall Action

Actions and Time Table	Coordinator	jili	H P
			A

Agenda for site visit

Time	Content
5	Introduction of personnel
min	1.Superintendent introduces hospital staff (usually department directors)
	2. Surveying team leader introduces surveyors
50	Hospital presentation:
min	1.Basic Information and background
	2.Report on self-assessment
	(Including policies and preparation for resource improvement)
60	On-site visit and verification of documents
min	Note: Planned route
	(Basic route: entrance, registration, pharmacy, laboratory, examination rooms and wards)
40	Interactions and discussions
min	Note: Interactions between hospital and on-site visit surveyors
10 min	Discussion and consensus-formation by the on-site visit surveyors
	Note: Closed-door consensus meeting
	(Retrieving surveyors' total evaluation forms and hospital's self-assessment (Surveyors will go through each item of the self-assessment)

Shu-Ti

A

Site visit: 3 surveyors + 1 senior



Visiting hospital facility



Senior volunteers



Examining barrier-free washroom



Verification of documents



In their shoes: Experiencing elders' world



Overall discussion

Overall Evaluation by Surveyors

- High-level support: □High , □Moderate , □Low ,
- Resource, allocation and tasking: Good , Adequate ,
 Inadequate
- Concrete results: Abundant, a few, still need work
- Future prospect: Positive and optimistic , somewhat positive , hardship or doldrum
- Features:
- Assistance from BHP:
- Summary and recommendation:
- Overall Evaluation: Outstanding (95), Excellent (90),
 Great (80), Good (70), Satisfactory(60),
 Need Improvement (<60)

38 recognized as age-friendly hospitals

- An honorable board for each of the AF healthcare organizations
 - 2012. 11.20: recognition awarded by Dr. Wen-Ta Chiu, Minister of Health & Welfare



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P

86

Annual selection of outstanding organizations

- Age-friendly Hospitals Model Competition
 - □ Model Award: 1 hospital, awarded medal & 5,000USD.
 - Outstanding Awards: 8 hospitals, awarded certificate & 2,667USD.
 - Best Practice Awards in 3 areas, each awarded a medal & 1,667USD.
 - ✓ Process Reengineering Prize
 - ✓ Age-friendly Services Prize
 - ✓ Age-friendly Environment Prize
 - 15 Hospitals participated in 2012

Model Award



Annual selection of outstanding frontline workers

- Innovation in AF Healthcare
 - □ 6 selected from 44 submitted innovations in 2012
 - □ each winner was awarded 33~100USD
- Best articles on AF healthcare
 - 3 selected from 55 submitted articles from hospital staff or volunteers in 2012;
 - □ each winner was awarded 33~100 USD



Innovation by the bus driver: pedestal for vehicle boarding



DG. Chiou honors the innovation on Award Ceremony, 2012



Engaging the leaders

- Emphasize on organizational changes and management policy
- Site visits with leaders sitting in
- National recognition and annual award
- Benchmarking and positive competition



The way forward



Shu-Ti

Task Force on HPH and Age-FriendlyHealth Care

- After 1 year operation of the "Working Group on HPH and Age-Friendly Health Care",
- the "Task Force on HPH and Age-Friendly Health Care" was approved by General Assembly of the Intl. Network of HPH & HS in May 2013.
- Chair: DG Chiou ST
- Members: 17 members from 13 nations
 - Prof. Jürgen Pelikan, Dr. Ulrike Sommeregger (Austria), Dr. Belinda Parke, Dr. Barbara Liu (Canada), Mr. Jeff Svane (Denmark), Dr. Tiiu Härm (Estonia), Dr. Heli Hatonen (Finland), Ms. Ioanna Petroulia (Greece), Ms. Anne Harris (Ireland), Mr. Raffaele Zoratti (Italy), Herbert Habets (Netherlands), Mrs. Kjersti Johanne Flotten (Norway), Dr. Shu-Ti Chiou, Dr. Yu-Chen Chang, Prof. Nicole Huang (Taiwan), Dr. Somsak Pattarakulwani (Thailand), Prof. (Marie Boltz) USA

Content Validity of Taiwan's Framework

- Developing an internationally applicable framework on age-friendly health care
- Time: Jan. March 2013
- Method: 3 criteria for each measurable item
 - □ Importance, Suitability, Clarity
 - □ Rating from 1 to 5, with 5 represents highest
- Response: 12 members rated 60 measurable items; 1 replied with feedbacks
- Result: 51 measurable items scored 4 or above in all 3 criteria
- 9 items: reworded or added description after 1st TF meeting in May, 2013



International Pilot Test Recruitment

Welcome!





Price of Becoming Age-friendly?

Price of "<u>not</u>" becoming age-friendly

- Patient and family member—dissatisfied, unwilling to seek medical help, poor control of conditions;
- Employees—lack of skills and confidence => burnout, errors
- Hospital managers—risks (misdiagnosis, malpractice, adverse events, loss of trust, negative social image)
- Society—unhealthy and unaffordable future
- Price of positive attitude => Priceless
- Consequences of positive attitude: mutually productive partnerships



Let health, dignity & equity be the only products of health care.

With Evidence, Love & Collaboration, we will get there!



Health Promotion Administration, Ministry of Health and Welfare