



Program

WHO Summer School Evidence-based Health Promotion - Hands on

April 10-11, 2007

Direction: WHO Collaborating Centre for Evidence-Based Health Promotion in Hospitals & the Austrian Network of Health Promoting Hospitals.

Place: Institute for Sociology of the University of Vienna, Rooseveltplatz 2, 1st floor, Vienna

Each participant should prepare in advance:

Choose target area to be in focus at the school, including:

- 1) Characteristics of the ward/department/hospital, including annual number of patients/beds,
- 2) Characteristics of patients, structures, guidelines and other relevant parameters in relation to your target area,
- 3) Fill in the Self Assessment Tool for HPH standards,

It is a good idea to:

- Focus upon a concrete target,
- Focus on simple models and solutions in the clinical day-life instead of complicated and ambitious plans,
- Ask members of the staff, about the strong and weak points in relation to a forthcoming implementation process,
- Discuss the target area and the expected outcome with the management of your ward/department/hospital,
- Discuss the possibilities for Follow Up by the present quality management program of the hospital.





Example of short description of “my target area”

- “Stop Smoking Counselling” for the acute neurological patients.

Description of the ward/department/hospital:

- University Hospital 700 beds, 25,000 discharges in 2003 & 180,000 out patient visits for about 90,000 different patients.

Characteristics of the patients and organisation:

- Neurological department has 10 elective patients and 5 – 10 acutely admitted patients every day; 2-3 are smokers,
- They are all admitted in the same ward, some are discharged to home and other are moved to the medical department in the same building,
- The nurses have a positive approach, as well as the directors of the department. Collaboration between the “Stop Smoking Clinic” and the ward has been established, including delivery of a “Stop Smoking Counsellor” one hour a workday. The Follow Up takes place in the “Stop Smoking Clinic”.

Process (expected):

Decision: Has been made

Planning: Ongoing, a quality development of design has been chosen.
Neurological ward, “Stop Smoking Clinic” and Clinic Unit of Health Promotion in Hospitals are partners.
Standards, Indicators and Follow Up should be described, registration decided and economy evaluated.

Doing/Implementation: One year from November 2006

Follow Up: Process, structure and outcome are reported related to Standards and Indicators
Recommendations should be given.
Publication in a national or international Scientific Journal

Product of the Summer School:

Description of the patient pathway
Examples of indicators
Time schedule and activity plan



Tuesday, April 10, 08:30 – 12:45

Welcome, Search Strategy and Management Policy

Facilitator: Kåre Stahl Jakobsen

Welcome Address: scope and purpose		Christina Dietscher and Hanne Tønnesen
Presentation of Target Area and related HPH Standards	Presentation in plenum	Participants
Definition of evidence in relation to health promotion	Lecture	Hanne Tønnesen
How to develop and perform a Search Strategy	Lecture and Student Activating Method	Kåre Stahl Jakobsen
Workshop: Search Strategy	Working groups	Hanne Tønnesen and Kåre Stahl Jakobsen
Product of the morning session:	<ul style="list-style-type: none"> • Your own clinical question based upon your target area, • Related evidence from the literature, • Which standard can you connect to your target area? 	

Tuesday, April 10, 13.45 – 16.45

Health Promotion: HPH Policies and WHO Standards

Policies in HPH	Lecture and Student Activating Method	Jürgen Pelikan
WHO Standards for Health Promotion: An Introduction	Lecture	Hanne Tønnesen
Workshop: Standard 2 and 3 <ul style="list-style-type: none"> • Patient Assessment • Patient Information and Intervention 	Working Groups	Hanne Tønnesen
Product of the afternoon session:	Ability to describe own target area in relation to <ul style="list-style-type: none"> • Standard 2 and 3 	





Wednesday, April 11, 08:30 – 13.00

Health Promotion in clinical day life (hospital, relation to community)

Facilitator: Susan Himel

DRG	Lecture	Susan Himel
Health related Quality of Life	Lecture	Evalill Nilsson
National/regional examples	Lecture	Holger Raphael
Workshop: Standard 1 and 4 <ul style="list-style-type: none"> Management Policy Promoting a Healthy Workplace 	Working Groups	Holger Raphael
Workshop: Standard 5 <ul style="list-style-type: none"> Continuity and Cooperation 	Working Groups	Susan Himel
Product of the morning session	Standards and indicators related to own target area	

Wednesday, April 11, 13.00 – 16:45

Implementation plans for Health Promotion

Workshop: Implementation Plan <ul style="list-style-type: none"> How to integrate all 5 standards in the implementation 	Working Groups	Pamela Fagan Denise Comerford
Implementation Plans	Presentation in plenum	Participants
Closing and evaluation		Susan Himel/Jutta Skau
Product of the afternoon session	Plan for implementation and Follow Up in relation to chosen target area	