



HPH Newcomers' Workshop

- An introduction to the
International HPH Network

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Secretariat



Program

| | |
|--|----------------------|
| Welcome and round of introductions | 09:00 – 09:20 |
| Vienna Recommendations and Background | 09:20 – 09:30 |
| Structure, Constitution & Communication | 09:30 – 09:50 |
| HPH Manual – short introduction and group work | 09:50 – 10:30 |
| Coffee/tea break | 10:30 – 11:00 |
| Example: Task Forces; setting for collaboration | 11:00 – 11:20 |
| Member privileges and obligations | 11:20 – 11:45 |
| Certificates, Photo & Closure | 11:45 – 12:00 |



Welcome

Good morning

Welcome here at Gesundheit Österreich GmbH where the HPH Congress Secretariat is located.

The concept of a Newcomers' Workshop

- the place to ask ANY questions
 - the place to discuss and share with others also just starting up HPH
- = be inspired and get started with HPH

The role of the participants:

- being a Newcomer and a local expert
- Bring your knowledge, approach, work and experience into play



Round of presentations

Please introduce yourself

- Name, country, affiliation
- How did you hear about the HPH Network and the HPH Conference?
- What do you expect to gain from the conference?



HPH Newcomers' Workshop

- The Vienna Recommendation



The Vienna Recommendations

Adopted at the 3rd Workshop of N/R
HPH Network Coordinators
in Vienna, 16 April 1997



Background documents

1986: Ottawa Charter for Health Promotion (WHO) –
"Reorientation of health services"

1991: Budapest Declaration on HPH (First HPH paper)

1996: Ljubljana Charter for Reforming Health Care
(WHO EURO)

1997: Vienna Recommendations (on HPH)

2005: Bangkok Charter (global health)



Sections

- A. 6 Fundamental principles
- B. Implementation strategies
- C. Participation in the WHO Health Promoting Hospitals Network



6 Fundamental principles

1. promot human dignity, equity and solidarity, and professional ethics, acknowledging differences in the needs, values and cultures of different population groups;
2. be oriented towards quality improvement, the wellbeing of patients, relatives and staff, protection of the environment and realization of the potential to become learning organizations;
3. focus on health with a holistic approach and not only on curative services;



4. be centred on people providing health services in the best way possible to patients and their relatives, to facilitate the healing process and contribute to the empowerment of patients
5. use resources efficiently and cost-effectively, and allocate resources on the basis of contribution to health improvement;
6. form as close links as possible with other levels of the health care system and the community.

;



B. Implementation strategies

1. Fostering participation and creating commitment by:

- encouraging participatory, health-gain-oriented procedures throughout the hospital,
- including the active involvement of all professional groups and building alliances with other professionals outside the hospital;
- encouraging an active and participatory role for patients according to their specific health potential, fostering patients' rights, improving patients' wellbeing and creating
- health promoting hospital environments for patients and relatives;
- creating healthy working conditions for all hospital staff, including the reduction of hospital hazards, as well as psychosocial risk factors;
- enhancing the commitment of hospital management to health gain, including the principles of health in the daily decision-making processes;



2. Improving communication, information and education by:

- Improving communication within and the culture of the hospital so that they contribute to the quality of life for hospital staff (communication styles used by hospital staff should encourage inter-professional cooperation and mutual acceptance);
- improving the communication between the hospital staff and the patients so that it is guided by respect and humane values;
- enhancing the provision and quality of information, communication and educational programmes and skill training for patients and their relatives;



Using methods and techniques from organizational development and project management:

- to change and reorient existing hospital routines to make the hospital a learning organization;
- to train and educate personnel in areas relevant for health promotion, such as education, communication, psychosocial skills and management;
- to train project leaders in project management and communication skills;



C. Participation in the WHO Health Promoting Hospitals Network

Hospitals that want to belong to the WHO Health Promoting Hospitals Network:

1. Should endorse the fundamental principles and strategies for implementation of the Vienna Recommendations;



- 2. should belong to the national/regional network in the countries where such a networks exist (hospitals in countries without such networks should apply directly to the international coordinating institution);
- 3. should comply with the rules and regulations established at the international and national/regional levels by the members of the international network, the World Health Organization and the international coordinating institution.



HPH Newcomers' Workshop

- Structure, Constitution and Communication of the International HPH Network



World Health Organization



Bispebjerg University Hospital

WHO Collaborating Centre



RESEARCH



EDUCATION



SCIENTIFIC
JOURNAL



HPH



CLINICAL EFFECT
DATABASES





WHO Terms of reference

Run the Intl HPH Secretariat

Support countries to:

- Implement WHO principles for HP and use HP strategies and standards
- Create further evidence
- Teach and train staff in Evidence-based HP
- Implement best EB practice for HP



HPH History

1988 – 97 From Project to European Network

2004 Int. HPH Network and Secretariat

2005 Gen Assembly & Governance Board

2008 HPH Constitution

2009 First Global HPH Strategy

2010 MoU, New website, Intl Progress Rep

2011 Second Global HPH Strategy

2011 Scientific journal of Clinical Health Promotion,
research and best practice

2012 First Int HPH Conference in Asia, Taiwan

2016 First Int HPH Conference in USA, New Haven, CT

2017 25th Int HPH Conference, Vienna. Austria



HPH Constitution

Mission

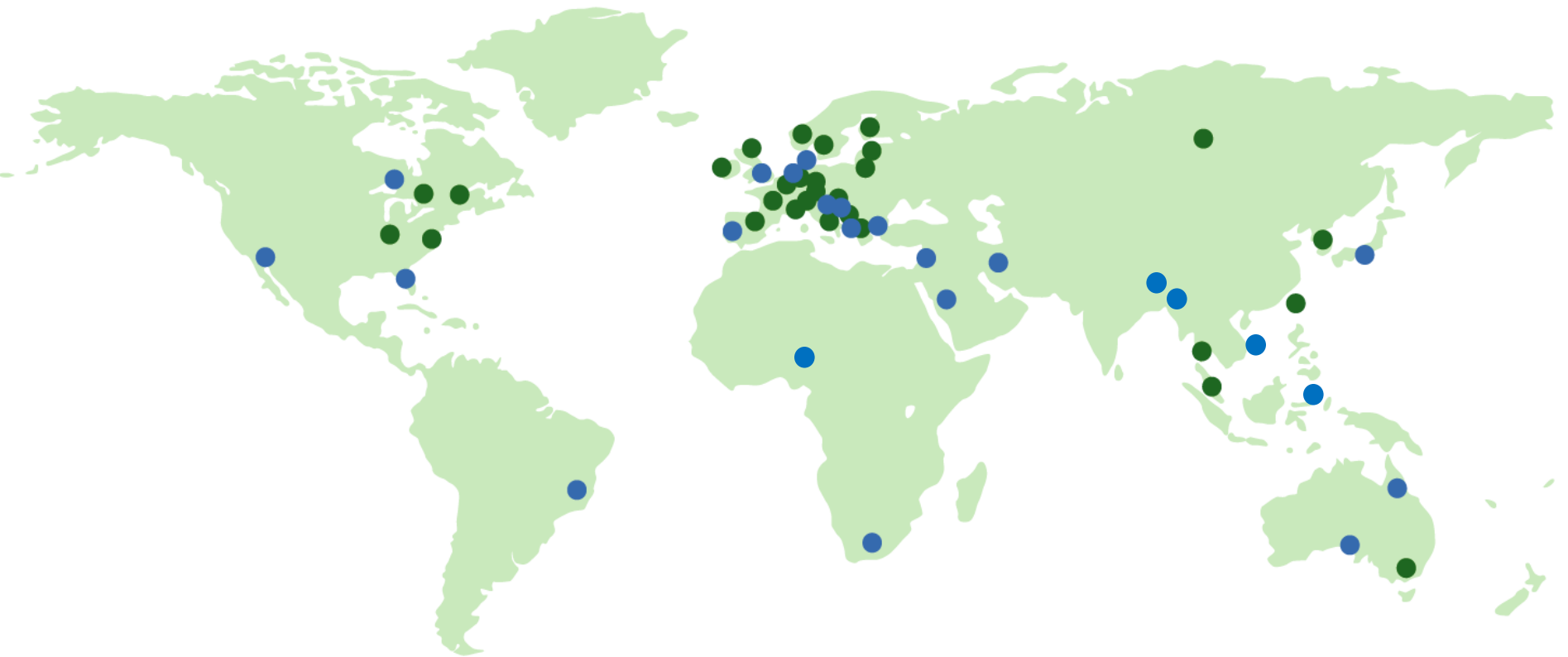
- "HPH shall work towards incorporating the WHO concepts, values, strategies and standards or indicators of HP into the organizational structure of the H/HS"

Vision

- "Increase the contribution of H/HS to better health gain through HP"

Ottawa Charter, Budapest Declaration, Vienna Recommendations, Bangkok Charter and WHO Standards for Health Promotion in Hospitals

HPH World Map



● = Country / Region with HPH Network(s)

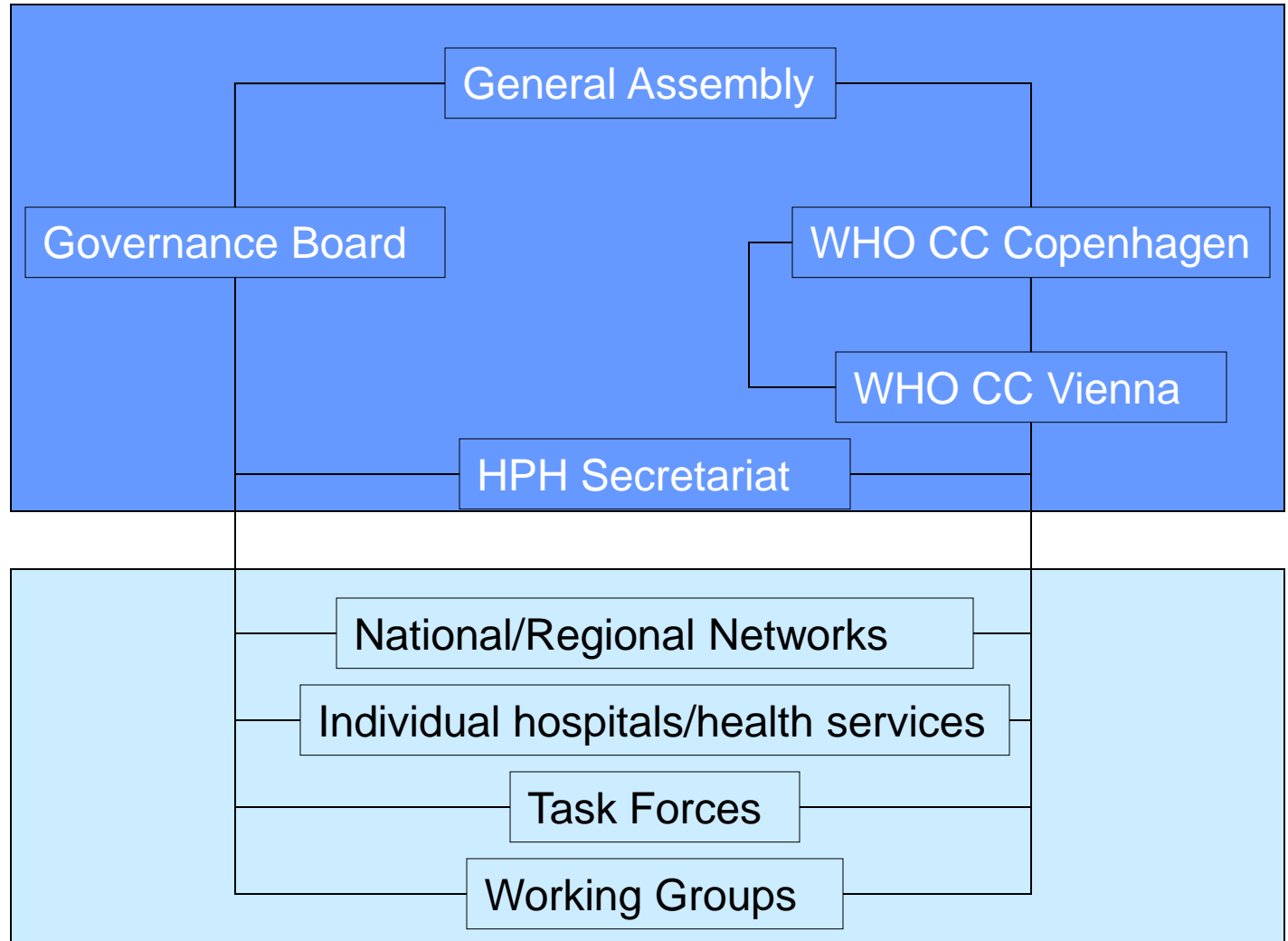
● = Country / Region with individual hospital or health service HPH Member(s)

690 HPH members (Hospital, Health Services, Affiliated members)
25 National or Regional HPH Networks

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HPH Structure





Organizational bodies

- **General Assembly**
- National / Regional HPH Coordinators
- WHO CC representatives
- WHO representative (observer)
- Task Force Leaders
- Observers from upcoming networks

- **Governance Board**
- 7 elected members
- 2 WHO CC representatives (Vienna, Copenhagen)
- 1 WHO representative



GB

- Bozena Walewska-Zielcka, Poland (Chair)
- Susan Frampton, Connecticut, USA (Vice-Chair)
- Sally Fawkes, Australia
- Myoung Ock Ahn, Rep. of Korea
- Margareta Kristenson, Sweden
- Ying-Wei Wang, Taiwan
- SIU Yuk Lun Alan, Hong Kong



HPH Task Forces

- HPH Task Force on Migration, Equity & Diversity (IT)
- HP for Children & Adolescents in & by Hospitals (IT)
- HPH and the Environment (TW)
- Age Friendly Care in H/HS (TW)
- HPH Task Force on Mental Health (S)
- HPH Task Force on Implementation and Monitoring of WH HPH Standards (Es)

Working Groups

- HPH and Patient and Family Engaged Health Care (US)
- HPH and Health Literate Health Care Organizations (A)



HPH Membership

N/R Network Member (Corporate Member)

- Minimum 3 hospitals / health services
- N/R Coordinator and coordinating institution
- HPH Network Agreement with the HPH Secretariat

Individual Member Hospital / HS

- Signing the HPH Letter of Intent



HPH Member Fee/Year

Historically, HPH membership has always been a "flat fee" per hospital or health service. The vast majority of members thus pay according to the current rates, which are:

| | |
|---|-----------|
| Hospital / Health Service Member | €300 p.a. |
| Hospital / Health Service Member (Lower middle income and New EU Countries) | €200 p.a. |
| Hospital / Health Service Member (Developing Countries) | €150 p.a. |



Best Evidence-Based HP

Includes three parts

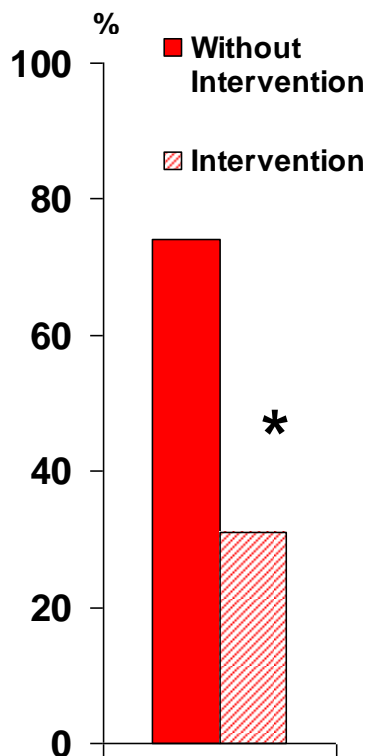


(Sackett, DL, Strauss SE, Richardson WS et al. *Evidence-based medicine*. Churchill Livingstone 2000)



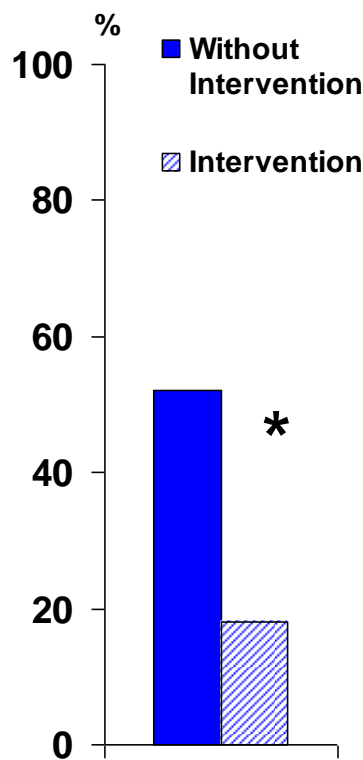
Ex: Adding HP to surgery

Alcohol cessation int.
Colorectal Resection



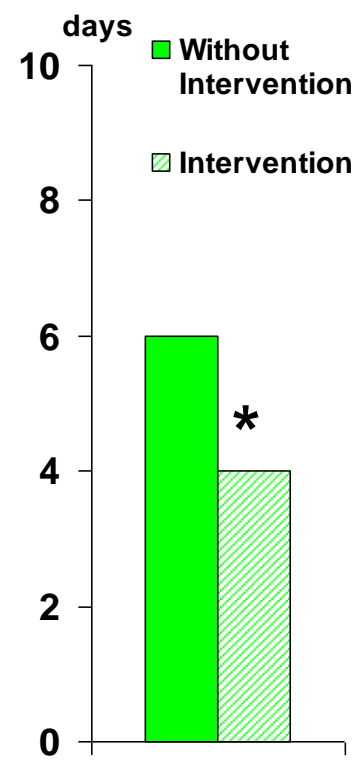
Postop complications
(BMJ 1999)

Smoking cessation int.
Hip/Knee Replacement



Postop complications
(Lancet 2002)

Physical exercise int.
Spine Surgery



Postop recovery
(BMC Health Serv Res 2008)



Communication and tools

- Conferences (L, N, R, Intl)
- Schools (new, HPH, N/R)
- GA + Courses + staff exchange
- Newsletter + journal
- www.Hphnet.org
- **Tools:** Twinning, entry/exit forms, affiliated membership, Webex, Google maps, Linkedin, FB, twitter, Generic HPH Slides, Project Zones, forum, N/R and TF subsites, Library, Guides etc etc.



www.hphnet.org

HPH The International Network of Health Promoting Hospitals & Health Services

HOME ABOUT MEMBERSHIP PROJECTS RESOURCES EVENTS SOCIETY JOURNAL

WHAT'S HAPPENING?

- II Mediterranean Symposium on Health Promotion
- HPH Awards 2015 - Deadline for Nominations Postponed
- The LinkedIn group Health Promoting Hospitals & Health Services has reached 1,000 members!

MOST READ

- > Frontpage
- > HPH Conferences
- > Governance Board Meetings
- > Governance Board
- > International HPH Conference 2013

ABOUT HPH

HPH aims to improve health gain for patients, staff and communities. HPH consists of more than 40 National / Regional Networks National / Regional Networks and individual hospitals and health services members. The International HPH Network totals more than 800 hospital and health service members all over the world. [Read More](#)

SEARCH HPHNET

Search...

HPHNET USER LOGIN

[Log in / Create account](#)

TRANSLATE HPHNET

[View site in my language](#)

Looking for HPH contacts in your area?

There are HPH Members and Networks all over the globe. To browse HPH Members and Networks in your area, please see either:

[National / Regional Networks](#) or [Hospital / Health Service Members](#)

Contact your local Network Coordinator to find out more or become a member. For additional contact info, please use a [contact info request](#).

MORE HPH....

WHO HPH Recognition Project: Looking to fast-track HPH in your hospital? Join the current multi-centre project! [Read more](#)

Subscribe to HPH news feed: Sign up here to receive HPH news, info about events, the journal etc. [Read more](#)

Activate Windows
Go to PC settings to activate Windows.

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EB WHO Standards

Self Assessment Tool to monitor the
implementation process

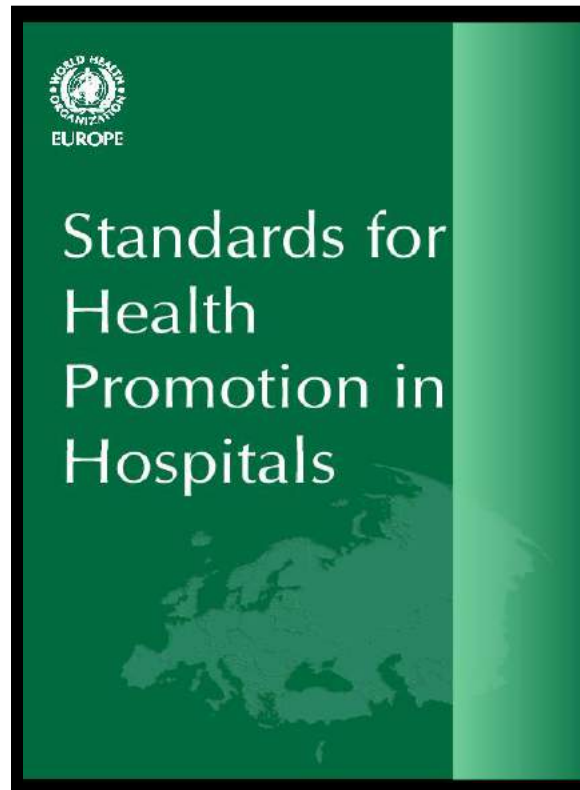
Group work:

**Discussing implementation of
the WHO HPH Standards**



EB WHO Standards

Self Assessment Tool to monitor the
implementation process





1

Standard Management Policy

Objective

The organization has a written policy for health promotion. The policy is implemented as part of the overall organization quality improvement system, aiming at improving health outcomes. This policy is aimed at patients, relatives and staff.



2

Standard Patient Assessment

Objective

The organization ensures that health professionals, in partnership with patients, systematically assess needs for health promotion activities.



3

Standard

Patient Information and Intervention

Objective

The organization provides patients with information on significant factors concerning their disease or health condition and health promotion interventions are established in all patient pathways.



4

Standard **Promoting a healthy** **workplace**

Objective

The management establishes conditions for the development of the hospital as a healthy workplace.



5

Standard

Continuity and cooperation

Objective

The organization has a planned approach to collaboration with other health service levels and other institutions and sectors on an ongoing basis.



Group work:

Discussing implementation of the WHO HPH Standards

- 1) Management Policy**
- 2) Patient assessment**
- 3) Patient information & intervention**
- 4) Healthy workplace**
- 5) continuity & Cooperation**



International Network of
Health
Promoting
Hospitals & Health Services

www.whocc.org

www.hphnet.org



Conclusion

We hope you have:

- A picture of HPH as a well-established intl network of colleagues with easy and effective ID of collaborators
- A sense of how to build on existing knowledge and experience in HPH
- Gathered even further inspiration (cases, best practices)
- Intentions to take part in further education, teaching, staff exchange and training
- Intentions to take part in international research, TFs & WGs
- An idea of what HPH Membership is for (broad HP framework, technical support, tools etc.)
- Ambitions to do even more to help the overall improvement of health in H&HS in your country and globally